# **Unit One**

# Listening & Speaking Practice

### **Guided Conversations**

### 

Read the following conversations and pay attention to the underlined parts. Then practise the conversations with your partner.

- 1. A: Hi, Linda, it's great to see you. How's everything?
  - B: Very good, Bill. How are you?
  - A: Not so good. I'd like you to meet my sister Monica Gilbert.
  - C: Hi! Nice to meet you.
  - **B:** Nice to meet you, too, Mrs. Gilbert.
  - C: Please call me Monica.
- 2. A: How can I improve my listening, Professor Yang?
  - **B:** You'd better listen to English radio programmes regularly.
  - A: What radio programmes should I listen to?
  - **B:** Why not try *Radio English on Sunday*? It's excellent.
  - A: How about listening to tapes?
  - **B:** That's a good way too. *New Concept English* may be a good choice.

### 

Introduction and Self-introduction	Enquiry and Request		
<b>1.</b> This is	1. Can you give me any explanations?		
2. I'd like you to meet	2. What is the meaning of?		
3. Come and meet	3. Do you have any suggestions on?		
4. This is my colleague, Mr	<b>4.</b> Excuse me, but can you tell me?		
5. May I introduce you to?	5. Can you do me a favour?		
<b>6.</b> Hi, I'm	<b>6.</b> Would you mind?		
7. Excuse me, my name is	7. Are you free this weekend?		
8. I don't think we've met before. I'm	8. Do you want me to get a doctor?		



#### Mini Role-play ▶▶▶

Make up conversations with your partner according to the following situations. Try to use the expressions in the Bank.

Situation 1: Your partner is a librarian. Ask him/her how to borrow books from the library.

**Situation 2:** Your partner failed in the examination and looks very unhappy. Show your sympathy with him/her and encourage him/her to do better next time.

### Listening Practice

#### ■ Word Dictation ▶ ▶

Listen carefully. Fill in the blanks with the words you hear.	
1. Learning a foreign language is for the purpose of	
2. The quickest of travel is by plane.	
3. He is planning to go to study English for a few years.	
4. There are a lot of foreign language films, radio and TV programmes, tapes,	coming
into China nowadays.	
5 will make you a good musician.	
<b>6.</b> Active students often ask questions or ask for further from teachers.	
7. You must take an active part in the learning	
<b>8.</b> While learning, try to on English sounds and sentence patterns.	
9. Foreign language learners must native speakers' speaking.	
10. You should remember that no one in an English-speaking country speaks	English.

### 

In this task, you will hear five sentences. There are three choices for each sentence. Decide which is closest in meaning to the sentence that you've heard.

- 1. A. Can you tell me why you were late?
  - **B.** Would you explain the word "late"?
  - C. Do you feel sorry for being late?
- 2. A. People in the community know the boy very well.
  - **B.** The boy is shy when talking with his classmates.
  - **C.** The boy is too shy to talk with others.
- 3. A. You cannot learn how to play basketball unless you watch others play.
  - **B.** It's a good way to learn how to play basketball by watching others play.
  - C. You must practise in order to learn how to play basketball.

- 4. A. Some good teachers can read others' thoughts.
  - **B.** Some excellent teachers can read very fast.
  - C. Some outstanding teachers have a quick mind.
- **5. A.** He has not decided where to spend his holidays.
  - **B.** He has made up his mind to have a holiday.
  - C. He's not sure whether he'll have a holiday.

### ◆ Dialogues ▶ ▶ ▶

#### Dialogue 1 I Have to Write an English Composition

Listen to the dialogue and then choose the best answer to each of the following questions.

#### 1. What is the man's problem?

- A. He is sick.
- **B.** He cannot decide which country he should visit.
- **C.** He doesn't know what to write for his composition.
- **D.** He is too busy to finish the composition.

#### 2. What does the woman suggest?

- A. Asking his teacher for advice.
- **B.** Writing about his trip.
- C. Visiting Egypt.
- **D.** Taking a picture.

#### 3. What did the man do last week?

- **A.** He took some pictures of camels.
- **B.** He travelled to Egypt.
- C. He showed the woman some pictures.
- **D.** He visited some historical places.

#### 4. When should the composition be handed in?

- A. Next week.
- **B.** Next morning.
- C. That afternoon.
- **D.** Twenty minutes later.

#### 5. What would the man probably do next?

- **A.** Take some pictures.
- B. Buy a ticket.
- C. Tell the woman his plan.
- **D.** Organise his composition.



#### **Dialogue 2 English Language Centre**

		_		_		_		_	_	
I intore to	the die	.1	rad tlass	areas are some the	· fallannin	ig questions	41	· farmant	· · · · · · · · · · · · · · · · · · ·	a a a a a i la la
Lasten to	ine aid	uoyue a	na inen	answer ine	: IOHOWH	iy awesiioms	i in ine	iewesi	woras i	ossinie.

1.	What kind of students is the basic communication course for?
2.	How many months does the basic communication course cover?
3.	Besides Wednesday evening, when will the students have classes for the basic communication course?
4.	How much does the course cost?
5.	Where is the student going to get the application form?
Pa	assages >>>
Pa	assage 1 Why Is the Native Language Learnt So Well?
Li	sten to the passage and then choose the best answer to complete each of the following sentences.
1.	Compared with children,
	A. adults have less language learning experience
	<b>B.</b> adults have less knowledge of language
	C. adults have fully developed mental powers
	<b>D.</b> adults can learn foreign languages more quickly
2.	reasons are provided to explain why a child learns his mother tongue so well.
	A. Two
	B. Three
	C. Four
	<b>D.</b> Five
3.	When learning his mother tongue, a child
	A. has a lot of practice in listening and speaking
	<b>B.</b> always uses the right words and right structures
	C. has each week a limited number of hours
	<b>D.</b> always works hard
4.	A child learning the native language has all the advantages except
	A. hearing the language in all natural situations
	<b>B.</b> hearing the language spoken all day long
	C. being able to learn the proper body language
	<b>D.</b> talking about ice and snow in June

5.	The last	explanation	for children	r's success is	that .

- A. their language teachers are usually experts
- B. they have close relationship with their language teachers
- C. their language teachers never give them unnatural lessons
- D. their language teachers speak correctly from morning till night

#### Passage 2 Ms. in English Language

Listen to the passage and then complete each of the following statements with no more than three words.

- **1.** *Miss* was first used for \_\_\_\_\_.
- 2. The word Mr. doesn't show a man's marital status, so many women think this is \_\_\_\_\_\_ for men.
- **3.** People use *Ms*. before a woman's name when they don't know \_\_\_\_\_\_.
- **4.** Some women don't like *Ms*., for they find the word is difficult to \_\_\_\_\_.
- **5.** Generally speaking, \_\_\_\_\_ like *Ms*. better than older ones.

### 

Listen and see how well you can understand the story.

# **Text-based Practice**

### Vocabulary & Structure

	Complete the following sentences by using some of the words from Texts A and B with the help
U	of the first few letters given.
1.	What is the <u>nor</u> temperature of the human body?
2.	There is nothing <u>parti</u> in today's newspaper.
3.	As you know, it is now quite com for women to become managers.
4.	We gene go to France for our holidays, but last year we went to America.
5.	Talking with friends is not only <u>rela</u> , but also very interesting.
6.	The Great Wall is full of tour at this time of the year.
7.	The little boy of only five years old can <u>imi</u> the actor's voice perfectly.
8.	There is a good <u>rea</u> for me not to go to the meeting.
9.	Have they <u>deter</u> where the new school will be built?
10.	The girl said that she could give an <u>exp</u> why she didn't want to go to school that day.

	the blanks in the following	sentences with a proper preposition	on or adverb from
Texts A and B.			
•		the local people in the villag	
	-	ing able to communicate	their parents.
	problem if you concentrate _		
	is going full spe		
	at purpose do you want to go		
	if we go by taxi	_	
		listening to tapes and get	ting online.
8. You must make	good use your s	pare time to practise English.	
<b>9.</b> The teachers we	re invited to take part	the discussion.	
10. She made up her	mind to finish the task, and	refused to give	
Complete each	h of the following sentence	es with the proper form of the w	vord given in the
<b>1.</b> (explain)	From this y	ou will easily understand the new r	ule.
2. (translate)	This poem	from Chinese into several foreign la	inguages.
<b>3.</b> (enjoy)	The boys must have had	a(n) holiday; they	look so happy and
	healthy.		
<b>4.</b> (cook)	for the fami	ily is not only fun, but also a way or	f showing love.
<b>5.</b> (what)	he did, his r	nother praised him.	
<b>6.</b> (overcome)	Ann's mother told us the	at she was very proud of Ann's	her
	shortcomings.		
<b>7.</b> (able)	I'm afraid the little girl v	vill be to open the hear	vy door.
8. (understand)	Mrs. Johnson's pronunc	iation and intonation is so poor th	nat she can hardly
	make herself	<b>→</b>	
<b>9.</b> (relax)	He lay back and let his n	nind	
<b>10.</b> (improve)	My purpose is	my English.	
Translate the f		ns into Chinese or vice versa. B	
1. find oneself unable	e to understand	1. 发现这个问题很难回答	
2. as closely as you	can	<b>2.</b> 尽可能快速地	
3. an active rather th	an a passive student	3. 抓住而不是失去这个机会	<u> </u>
<b>4.</b> unless you ask a q	uestion	4. 除非下雨	

<b>5.</b> whatever your reason is	5. 不管我们有什么样的目的
<b>6.</b> communicate with foreign guests in China	
7. make oneself understood	
8. help the teacher by asking questions	8. 通过模仿别人学会说话
<b>V</b> Translate the following sentences into Englis  1. 如果你听从我的劝告,你就能成功。(follow	
2. 外面的噪音使我不能专心工作。(concentrate	e on)
<b>3.</b> 除窗子外,屋子的其他部分都很好。(other	than)
<b>4.</b> 照看那些人是我的工作。(用动名词作主语) ————————————————————————————————————	)
5. 他们没有乘公共汽车而是步行到那里去的。	(instead of)
Grammatical Exercises	
Choose the right words in brackets to come Practice" Exercises I, II and III in your texts.  Gymnastics my favourite sport. (is fit for fit for fit as bad as we as bad as we your family live? (does/dogen for a good fo	s/are)  t me. (doesn't/don't)  about the robbery last week. (want/wants)  e expected. (wasn't/weren't)  d holiday. (isn't/aren't)  too warm for me. (is/are)
<ul><li>9. So far neither the teachers nor the students nor against the local government. (has/have)</li></ul>	

10.	Where to find him a	and how to find him	known to us. (aren	't/isn't)
11.	Not only Ricky but	also the Browns	going to take their	children to Disneyland this
	vacation. (is/are)			
12.	Whether he succeed	ls or fails	_ not concern me. (do/does)	
13.	Writing stories and	articles	what I enjoy most. (are/is)	
14.	No teacher and no s	student	seen the film. (has/have)	
15.	Neither of the youn	g men who had appl	ied for a position in the univers	sity accepted.
	(was/were)			
16.	In the room there _	a big tab	le and a great many chairs. (are	/is)
17.	Many a student	(has/have	) realised the importance of lea	rning English, and now the
	students of the class	staking	notes when listening to the tea	cher. (is/are)
18.	Each of the student	s, working hard at h	is or her lessons,	to go to university. (hope/
	hopes).			
19.	All but Tom	present at the	meeting last night. (were/was)	
20.	The population of C	hina (is/a	re) very large, 80% of which	farmers. (is/are)
1.	Consult "Writing (and)	Practice" Exercises Our knowledge gro	<i>I, II and III in your textbook i</i> ws.	f necessary.
1.	(and)	The universe develo		
		The difference develo	.,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	
2.	(but)	I bought this blouse		
		There seems to be s	omething wrong with it.	
3.	(because)	She went to the doc	tor.	
		Her back hurt.		
4.	(if)	You jump the queue	<b>&gt;</b> .	
		Other people will no	ot be pleased.	
5.	(or)	You may do it yours	self.	
		You may ask some	one else to do it.	
6.	(so that)	You were very abso	rbed in the moment.	
		You lost all self-cor		
7	(vyhi ah)	His mather for 11-1	yymiad him into the herre	
7.	(which)	_	nurried him into the house.	
		The nouse swallow	ed him for the evening.	
8.	(whether)	Will he speak at the	meeting or not?	
		This is very importa	ant to us.	

# Reading Practice

### Passage 1

### How to Be a Good Language Learner

Linguists (语言学家) have given us many suggestions on how to learn a new language quickly and effectively. But probably the most important piece of advice can be summarised (总结) in one word: Reflect (细想)! By this I simply mean that you should think about your learning; that you should come to understand your own strengths and weaknesses, your likes and dislikes. If you find something difficult, you should ask yourself why and try to find ways to do better next time. If you always get low scores in vocabulary tests, you should analyse your methods of studying words. If you don't like to study grammar from grammar books, you should find some other methods of learning the rules of the language. An excellent way to reflect on your learning is to keep a language journal in which you write about your daily experiences in learning English.

A good way to use the study notes on this website is to first reflect on (and maybe write down) your own strategies in listening and in learning vocabulary, etc. Then you can read the notes in these pages and compare what you do with the advice given there. (If you don't know how to start, just look at the sub-headings within the note pages. These may give you a good idea of the different issues connected with the particular topic.)

Remember that everyone has his or her own learning style. So if you do something different and it works well for you, don't feel you have to follow the advice given in the notes.

The passage above is downloaded from a website. It gives some advice on how to learn a new language quickly and effectively. After reading it, you are required to complete the outline below.

1.	The advice for learning a new language quickly and effectively:				
2.	The things a language learner should	d understand:			
	his own	and	;		
	his	_ and	_·		
3.	An excellent way to reflect on one's	learning:	·		
4.	The last step of suggested actions i	n using the study notes on the website	e: making a comparisor		
	between	and			

### Passage 2

#### How to Learn Words

Once you have chosen which words to learn, the next to decide is how you are going to learn them. Here are a few ideas:

- write the words in a notebook (with their definitions or translations)
- write the words and their definitions on small cards
- read the words aloud many times (if you have an electronic dictionary you can hear how the word is pronounced)
- put the words into different groups (you could use a graphic organiser)
- write them in a file for use with a computer program
- make associations (in pictures or with other words)
- ask someone else to test you
- use the words in your own speaking or writing exercises

Some students put a tick or cross in their dictionary next to each word they look up. The next time they turn to a page with a marked word, they quickly check to see if they remember the meaning of that word.

In all of the ways above, you are doing something with the words. It is usually not enough to just read through a list of words with their definitions or translations and try to remember them. Most students find that they memorise words better if they do something with them. Even better is to try and learn the word in a typical combination with other words. Learning that to apologise means to say sorry is a good start, but it's much better to learn a whole expression containing the word, e.g. He apologised for being late. Not only is this often easier to remember, but you are also learning some very important information on how the word is used.

The passage above contains some suggestions about how to learn words. After reading it, you are required to give brief answers to the five questions below.

1.	What should you first decide to do if you want to learn words?				
	We should	the words we want to learn.			
2.	Which method would you choose to le	earn words?			
	We would choose	·			
3.	What do some students usually do wh	nen they use a dictionary?			
	They put	_ next to the word they look up.			
4.	How can one memorise a word better	?			
	He can try and learn it	with other words			



5.	What does	the examp	le in the	last paragrap	ph suggest?

т.		.1	• . •	important to k		
11	guagagta	that	1 <b>†</b> 10	important to k	MOIII	
11.	2015 5 6 2 12	unau	11. 15	HIIDOLLAIIL IO N	IIIO W	

### Passage 3

#### VOA (Voice of America, 美国之音) Special English

Special English programmes are designed primarily for listeners who are studying English or who speak English as a foreign language. Three elements form the basis of every broadcast: Vocabulary—scripts (短篇) are written in about 1,500 words; Style—sentences are short and grammatically simple; Speed—passages are read one-third slower than regular VOA broadcasts. When it started in October 1959, Special English was an experiment. A basic vocabulary and format were developed. Next came a test programme broadcast worldwide. Non-native speakers found the pace comfortable and the English easy to understand. For many of them, English was the language they need to learn to realise their goals. Listening to Special English was one way to learn.

VOA made some Special English programmes available outside the United States for English teaching purposes. Publishers and educational institutions have used them to reach large numbers of students. Teaching materials based on Special English programmes have been published in China, Germany, Italy, Japan, Poland, Romania, and South Korea.

The following are some Special English programs reporting on activities and trends in education, politics, arts and American society. Monday "Science in the News" is a collection of recent developments in science. Tuesday "Space and Man" reports about outer space and the space in which we live and work. Wednesday "The Making of a Nation" tells the story of America from the late 1700s to the 1980s. Thursday "American Mosaic" is a radio magazine with reports about music, movies, and the students' life. Friday and Saturday "American Stories" are adaptations of stories written by American authors. Saturday and Sunday "Words and Their Stories" explain words and expressions used in American English. Saturday "Science, Agriculture, Development and Environment Reports" describe the research in those fields. Sunday "In the News" describes issues, organisations, and people that are the subject of news stories.

The following five questions or unfinished statements are based on the passage above. For each question or unfinished statement there are four choices marked A, B, C and D. You should make the correct choice after reading the passage.

#### 1. When Special English started it was mainly intended for those \_\_\_\_\_\_

- A. whose native language was English
- **B.** who were learning English
- C. who were native Americans
- D. whose English was very good

# 1 新起点 自主综合训练

2.	When	did	the	test	prog	ramme	broadc	ast b	ecome	world	wide?

- **A.** As soon as it started.
- B. After October 1959.
- C. In October 1959.
- **D.** Before 1959.
- 3. The underlined word "pace" (in Para. 1) means "\_\_\_\_\_"
  - A. style
- B. space
- C. speed
- D. pronunciation

#### 4. What can we infer from the passage?

- **A.** The programmes are popular among native Americans.
- **B.** The programmes are not so easy for listeners.
- C. Special English is a round-the-clock programme.
- D. Special English is broadcasted every day.

#### 5. How many Special English programmes are broadcasted by VOA now?

- A. At least 8.
- **B.** More than 9.
- C. No more than 7.
- **D.** 11.

## **Translation**

#### Translate the following six sentences chosen from the three passages above into Chinese.

- If you always get low scores in vocabulary tests, you should analyse your methods of studying words.
- 2. Then you can read the notes in these pages and compare what you do with the advice given there.
- **3.** Put the words into different groups (you could use a graphic organiser).
- **4.** It's usually not enough to just read through a list of words with their definitions or translations and try to remember them.
- **5.** Speed—passages are read one-third slower than regular VOA broadcasts.
- **6.** Publishers and educational institutions have used the programmes to reach large numbers of students.

# Writing Practice

## **Guided Writing**

Rearrange each of the following six groups of words and expressions to form a logical sentence in accordance with the pattern "S + Vl + Cs".

**Model:** *Science in the News*, of recent developments, is, in science, a collection *Science in the News* is a collection of recent developments in science.

- 1. English, the language, to learn, they need, was
- 2. English, the language, to learn, they need, was, for many of the students, as a tool
- **3.** English, the language, to learn, they need, was, for many of the students, as a tool, in, this, to go abroad, university
- **4.** English, the language, to learn, they need, was, for many of the students, as a tool, in, this, to go abroad, university, in the future
- **5.** English, the language, to learn, they need, was, for many of the students, as a tool, in, this, to go abroad, university, in the future, to find, a, well-known, job, and
- **6.** English, the language, to learn, they need, was, for many of the students, as a tool, in, this, to go abroad, university, in the future, to find, a, well-known, job, and, South-Asian, good

## Applied Writing

#### **Programmes and Agenda**

### Sample ►►►►

#### American Teachers' Academic Tour — China

(May 30 – June 12)

Time	Place	Activities
<b>May 30</b> 10:00 a.m. 3:30 p.m.	Beijing Beijing Foreign Studies University Beijing Normal College	A visit to the Web Centre and a multi-media language lab followed by lunch at the college; A discussion of the library programme and small group meetings with students
<b>June 4</b> 9:00 a.m.	Chengdu Sichuan University	A visit to the library and a discussion of the training of teachers for remote areas
<b>June 6</b> 3:30 p.m.	Nanjing Nanjing University	A visit to the Johns Hopkins Centre
<b>June 9</b> 10:00 a.m.	Shanghai East China Normal University	A discussion of the distance learning programmes followed by lunch at the university
<b>June 12</b> 10:00 a.m.	Hong Kong Chinese University of Hong Kong	A discussion of higher education in Hong Kong

### 

Finish the following schedule with the information given below.

在期末考试前一周,你给自己制定了"考前周学习计划":除每天上午正常上课外,

- 1) 周一下午复习《新起点大学基础英语教程》Book 1, 1-3单元,晚上继续;
- 2) 周二下午复习第4单元;晚上和夏俊同学拜访王老师;
- 3) 周三下午、晚上复习5-7单元;
- 4) 周四下午复习第8单元,晚上听录音: 1-8单元的听力部分;
- 5) 周五下午浏览1-8单元写作部分,晚上开班会(class meeting)。

Pre-exam Revision Schedule Mon Fri. (except all mornings)				
Time	Revision Tasks			
Monday afternoon evening	Review Units 1-3 Book 1 New Essential College English Continue			
Thuesday afternoon evening				
Wednesday afternoon evening				
Thursday afternoon				
evening				
Friday afternoon				
evening				