Map of the book **

	Topic	Listening and speaking	Reading	Writing
UNIT 1 P 001	Starting your career	Job interviewDOs and DON'Ts at job interviews	A. Job-seeker tips for making good first impressions B. The importance of internships	How to make new friends
UNIT 2 P 025	Story time	 A modern version of Little Red Riding Hood The traditional version of Little Red Riding Hood 	A. Parson's pleasure B. How I found my fashion style	Extend a story
3 P 049	The age of time	The invention of the clockTime quotes	A. Escape from time B. The history of clocks	How to tell time without time measuring devices
4 P 070	Beauty and fashion	Don't judge people by appearancesBeauty quotes	A. Is beauty only skin deep?B. Suffering for fashion: 5 reasons why high heels hurt feet	What is true beauty?
5 P 093	Corporate life	Starting a businessBusiness success quotes	A. Corporate presentations B. Bill Gates—a story of business success	Signs of a losing corporation
UNIT 6 P 117	Mind over matter	Influence of mind on bodyAgeing quotes	A. Can you "think" yourself younger?B. How do you talk to yourself?	Combat stress as a college student
7 P 141	The ecosystem	Global warmingEnvironmental problems	A. Humpty Dumpty and the ghostsB. Sahara Desert greening due to climate change?	How to safeguard the future of mankind
8 P 163	Protect your privacy online	BlogsCyber security awareness	A. Protect your privacy online B. Social media networks are not always our friends	The importance of online privacy protection
9 P 187	Popular science	Beware false claims of popular scienceA quiz on science knowledge	A. When science is a siren song B. Low-tech fixes for high-tech problems	Introduce a famous scientist
1 () P 210	Advertising	 Pros and cons of advertising The negative effects of advertising 	A. "Here is to your health" B. How to make your advertising more successful	Your favourite advertisement

Appendix: Glossary

۰	Grammar	Vocabulary	Project	Culture tips	Learning to learn
	As as structure	Compound adjectives ending with <i>-ed</i>	A job interview	Some tips on American and British business culture	What to do when your mind goes blank
	Present participles	Onomatopoeic words	Story time	Five important elements of a short story	Tips for reading literature
	Sentence fragments	Comment adverbs	Ancient Chinese methods of measuring time	Time zones	Ways to understand a text better
	Substitution and ellipsis	Form words by adding suffixes	Fashion attitude survey	Fashion capital	Surround yourself with English
	Difference between sit and seat	Use words in a different word class	Deliver a slide presentation	Pay gap in the European Union	How to prepare and deliver a presentation
	Quantifiers	Words ending with -ing	How to cope with stress	Caring for ageing Americans	Reading strategies
	As as a conjunction	Word formation	Design a wall newspaper	Greenpeace	Features of narrative texts
	Determiners	Phrasal verbs with <i>get</i>	A speech on Internet security	Practical tips for protecting online privacy	How to deal with mistakes in English study
	Conjunctions	Affixes related to science	Science projects	The Nobel Prize	Teach what you've learned to another person
	Participles as adjectives	Verb collocation	Create an advertisement	Cross-cultural advertising	How to improve your listening