Map of the book **

	Topic	Listening and speaking	Reading	Writing
UNIT 1 P 001	How is language learned?	Advice on how to learn EnglishDifficulties in learning English	A. General tips for language learning B. Why are bilinguals smarter?	The importance of learning English
UNIT 2 P 021	Knowing our body	 Which body part is the most important? Discussion on important body parts 	A. The most important body part B. Body language in business	Experience related to body parts
3 P 041	Food	Natural and healthy foodFood problems	A. A wine and cheese party B. Food not just for eating	E-mail about planning a party
UNIT 4 P 064	Help and responsibility	 A real story about a brave and faithful dog Discussion about responsibility 	A. How to be somebody? B. Heroes among us	A situation you need help badly
5 P 084	What's playing tonight?	Getting together for a filmInviting friends to a film	A. Steven Spielberg B. Film reviews	Favourite films
UNIT 6 P 103	Where is your opportunity?	 How to seize opportunities for success? A poem about life by Mother Teresa 	A. When the door of opportunity opensB. Is your opportunity really too good to be true?	Views on success and opportunity
7 P 122	Does money make you happy?	Two British men's livesHappy or unhappy life	A. The more money, the happier? B. The stone soup	Views on money
8 P 143	Do you stereotype people?	Stereotypes about different nationalitiesDiscussion on stereotypes	A. You kids are all alike B. Tourism does not change national stereotypes	Writing about Chinese people in the south and north
9 P 163	Person of the millennium	 The choice of the person of the millennium Most influential people in China 	A. Who is the "Person of the Millennium"? B. Steve Jobs' Stanford commencement speech	A great person's life and work
1 () P 184	The creative brain	Brain powerHow to improve the brain power	A. Creativity and the brain B. Creativity takes practice	How to become more creative?

Appendix: Glossary

Grammar	Vocabulary	Project	Culture tips	Learning to learn
Countable and uncountable nouns	Ways of word formation	The best way to learn English	Gestures	Attitudes towards learning English
Comparatives and superlatives	Base adjectives and strong adjectives	A portrait of a person's body part	Human body and Eng- lish idioms	Study English with friends
Tag questions	Suffixes "-en", "-ify", "-ize" or "-ise"	Preparing for a food fair	Food proverbs	Extensive reading in English
Indirect questions	The suffix "-able" to form adjectives	Find someone who once helped in	Why don't we ask for help?	Techniques of recording new words
Modal verbs	Prefixes "en-" and "em-"	Making film posters	American movie industry	Ways to record the meaning of new words
Past tenses	English idioms	How do they live?	Every dog has his day	Ways of studying English
Negative form of asas	Antonyms	The happiest job	Credit cards	English learning outside the classroom
Emphatic structures	Synonyms	Stereotypes in advertisements	Brazilians voted best tourists, Germans worst	Habits of learning English
Defining and non-defining relative clauses	Word class	Choosing the greatest Chinese in the past 1,000 years	Psalm of Life	Evaluate your English knowledge and skills
Parallel structures	Phrasal verbs with take and put	Brainstorming: A way of thinking	Intelligence across cultures	Continuing English study after this course