

### **«NEW GENERATION ENGLISH»**

### 新生代英语高级教程1

### Unit8 "Sounds like a good plan."

## "Sounds like a good plan."

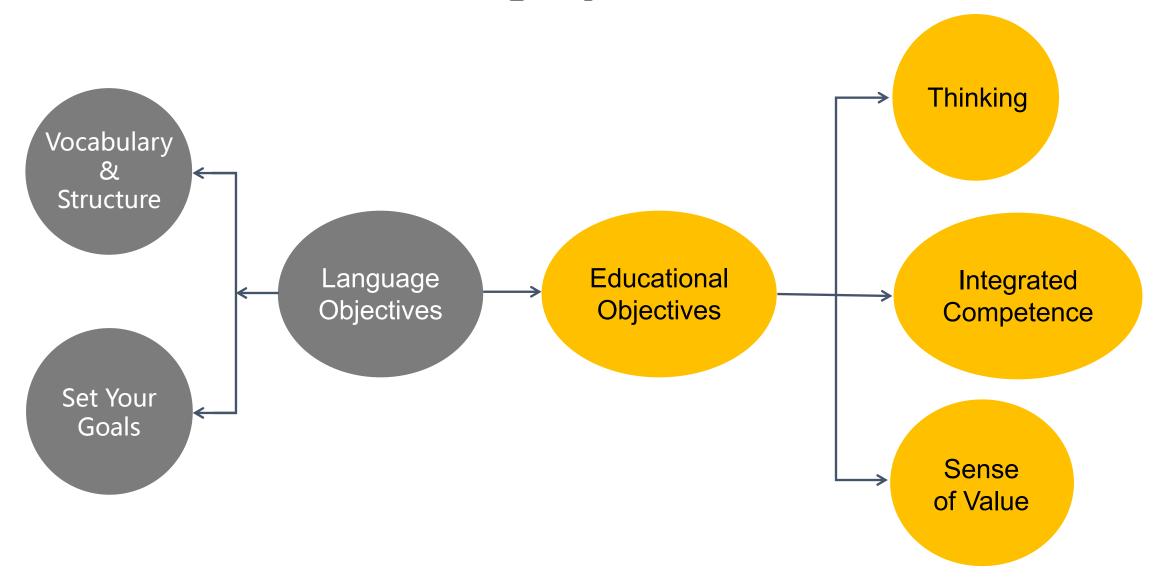




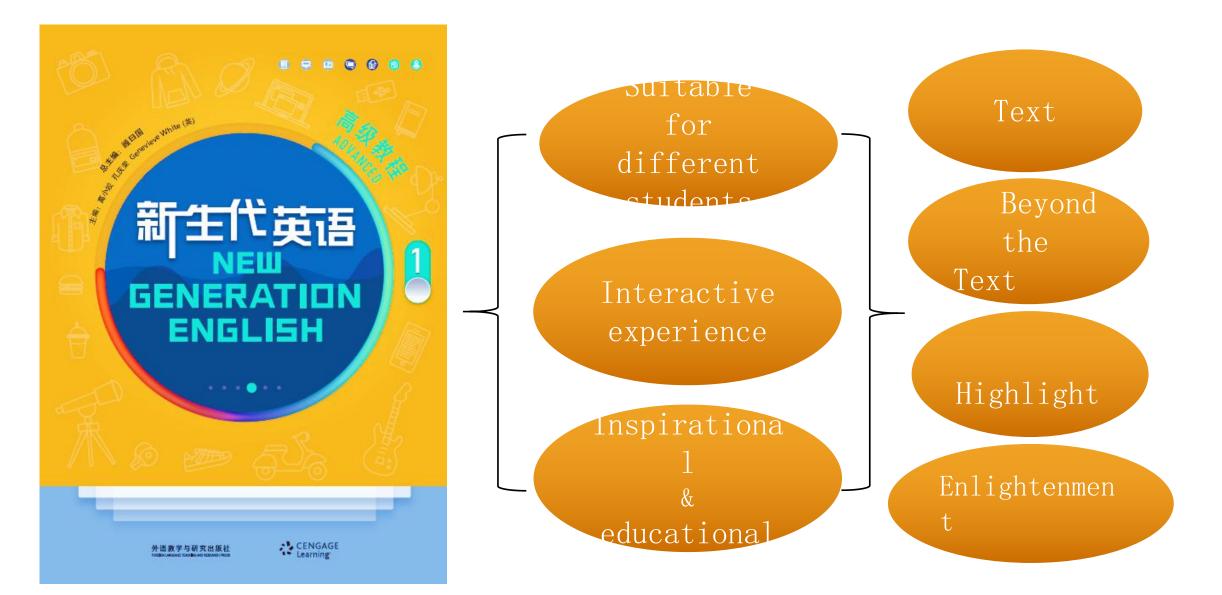
### Teaching Introduction



### **Teaching Objectives**



#### **Teaching Material**

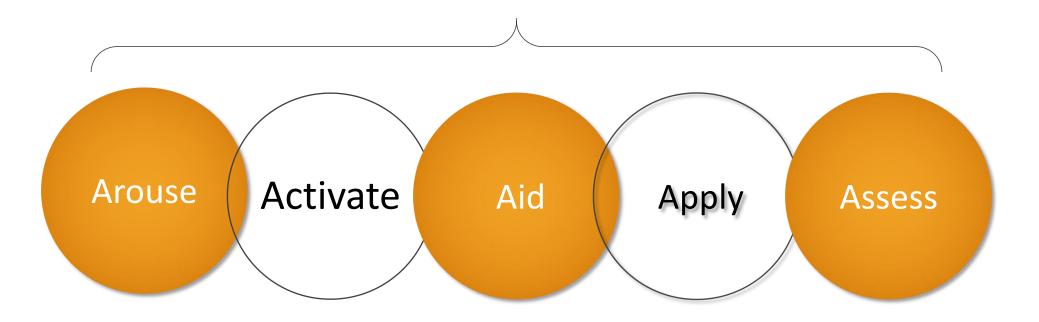


### **Teaching Process**

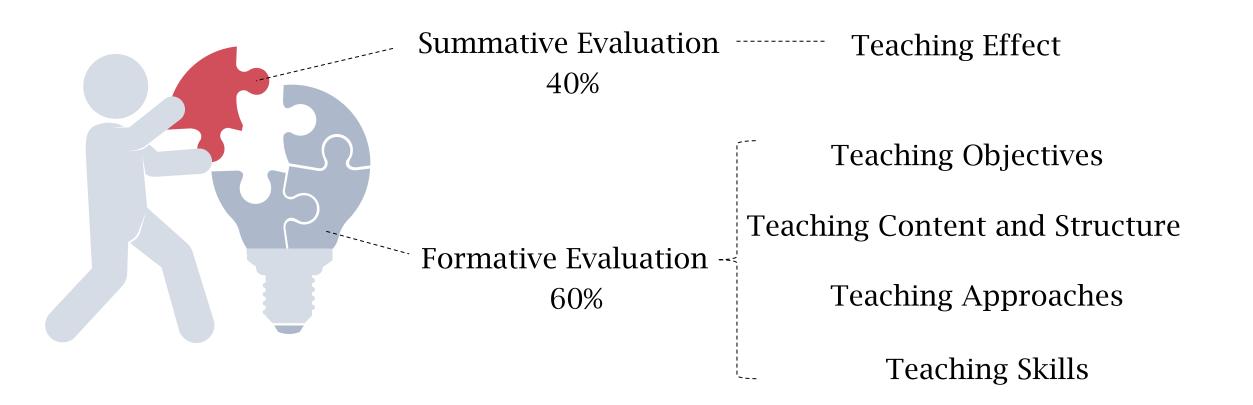
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1-2 Periods: Text	3-4 Periods: Text
Goals & Plans: Vocabulary Builder and Listening	Setting SMART Goals: Reading and Practice
5-6 Periods: Beyond the Text	7-8 Periods: Highlight and Enlightenment
Beyond the Text SWOT(Strenth,Weakness,Oppotunity,Threat)	Highlight and Enlightenment
Beyond the Text SWOT(Strenth,Weakness,Oppotunity,Threat) and Show Time:	Highlight and Enlightenment My Future and DIKW

#### **5A Teaching Procedure**



### **Teaching Evaluation**



### **Teaching Demo**

# Setting SMART Goals

In today's presentation, I'll be talking about how to set yourself goals. Setting goals allows you to choose how you live your life. If you want to become better at setting goals, use the SMART acronym to help you. Let's take a look at what each letter stands for.



To attain something means that you can get it. It is important to examine your skills honestly and decide on a realistic goal. For example, instead of saying "I'm going to take part in the Olympic Games and win first prize in the marathon," you should say, "I'm going to win a medal in my college's marathon this year."



Choose a clear goal, which includes information about why it is important and where it will happen. For example, instead of saying "I want to get fit this year," you should say, "My city organizes a marathon match every year. I want to run it this year to improve my health."



This means that the goal has a connection to your life now. Ask yourself, "Is this the right time for this?" "Do I need to do it now?" For example, if you are training for a marathon, aiming to learn Spanish might be irrelevant.



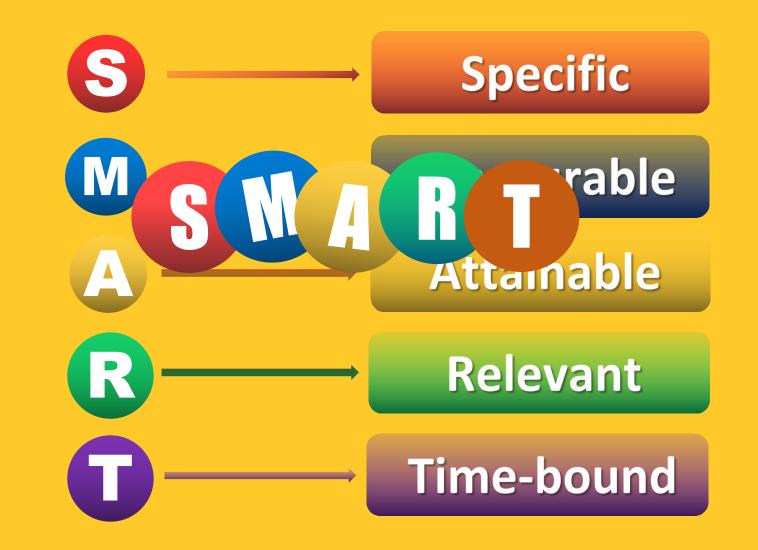
Measuring a goal will tell you how near or far you are from completing it. For example, instead of saying "I'm going to run a lot," you should say, "I'm going to run 3 km every day."



You should always have a target time for completing the goal. For example, instead of saying "I'm going to run a marathon," you should say, "I'm going to be ready to run a marathon in six months' time."

If you follow the SMART acronym, you will become better at making and completing important goals in your life.

### What is "SMART" ?

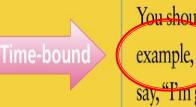


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### **Reading Comprehension**

# If you do A instead of B, that means you will not do B, but A.



e.g. Instead of getting a job, she continued her study after graduation.

### **Reading Comprehension**

		×	$\checkmark$
S	Specific	(1) Get fit	Run a marathon this year to improve my health
Μ	Measurable	Run a lot	(2) Run 3 kilometers a day
A	Attainable	Win first prize in the (3) Olympic Games	Win a medal in the college's marathon this year
R	Relevant	Learn Spanish	(4) <u>Do warm-up exercises before running</u>
Τ	Time-bound	Run a marathon	(5) Get ready to run a marathon in six months' time

### **Positions for Computer Science Major**

Database Analyst (数据分析师)

Software Salesman (软件销售)

**SMT** Technician

(SMT 技术员)

Algorithm Engineer (算法工程师)

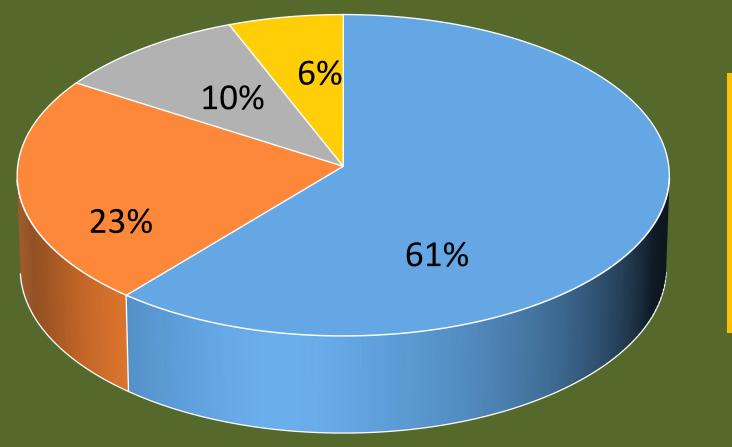
Programmer

(程序员)

System Analyst ( 系统分析师 )

> Mobile Equipment Application Engineer (移动设备应用开发)

### **Positions for Vocational College Graduates**

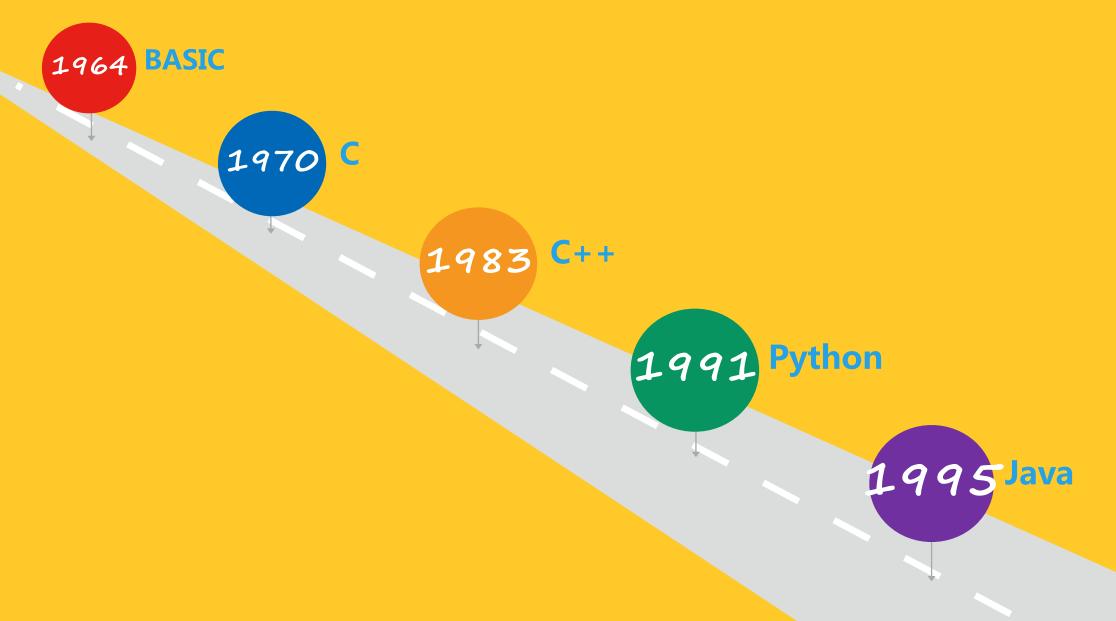


Software Salesman
SMT Technician
Programmer
Others

#### **SMART Your Career Goal**

	×	$\checkmark$	
S			
Μ			
A			
R			
Τ			

### **The Development of Programming Languages**





# SMABTER

Look — Evaluate backward Readjust — Look forward

