



UNIT

1

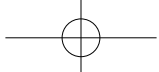
Hobbies

Vocabulary Focus

Reading

Chatting





GOALS

- Learn how to talk about hobbies
- Learn to discuss how to pass the time
- Learn how to use defining and non-defining attributive clauses

Writing

Grammar Focus

The Pride of China



Warming Up

Complete the column (专栏文章) with words or the expression from the boxes.

board games

jogging

outdoors

crafts

Column _____

Hobbies for your health



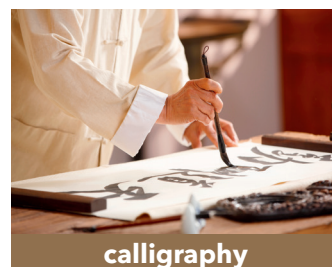
Tina Jones,
Health columnist

Hobbies aren't just for fun. They can also be good for your brain, body and your mental health. Some hobbies really help your mind by keeping it active. Such hobbies include playing (1) _____ and doing (2) _____. Other hobbies such as swimming and (3) _____ will help you get fit and toned. These activities can be enjoyed indoors or (4) _____ in the fresh air.

Vocabulary Focus



A. Listen and repeat.



Cultural Notes

Chinese chess: 中国象棋，起源于中国，历史悠久，属于两人对抗性游戏，是中国棋文化，也是中华民族的文化瑰宝。2008年6月，经国务院批准，象棋被列入第二批国家级非物质文化遗产名录，名录中还包括：高邮民歌、陕北民歌、徐州琴书、孟姜女传说、董永传说等。

arts and crafts: 手工艺。很多中国的传统手工艺，如刺绣 (embroidery)、剪纸 (paper cutting)、泥塑 (clay sculpture) 等，已成为珍贵的非物质文化遗产。

B. Complete the sentences with words from Exercise A. You can change the form if necessary.

- 1 My mother likes to play Chinese chess and collect Chinese _____.
- 2 Chance plays a big part in many _____.
- 3 This tennis _____ is open to both amateurs and professionals.
- 4 In _____, the pieces can only move in certain directions.
- 5 Crowds of people flocked to see the Picasso _____.
- 6 _____ varies enormously even within the same language.
- 7 This 25-foot-high _____ is her latest creation.
- 8 We went _____ jumping when we were in Australia.

Words & Expressions



antique /ˈænˈtiːk/ *n.* 古董, 古玩
 awesome /ˈɔːsəm/ *adj.* 令人赞叹的, 了不起的
 #bungee /ˈbʌndʒi/ *n.* 蹦极
 #calligraphy /kəˈlɪgrəfi/ *n.* 书法, 字体
 chess /tʃes/ *n.* 国际象棋
 exhibition /ˌeksəˈbɪʃən/ *n.* 展览, 展出

sculpture /ˈskʌlptʃər/ *n.* 雕像, 雕刻艺术
 tournament /ˈtɜːnmənt/ *n.* 锦标赛
 board game 棋类游戏

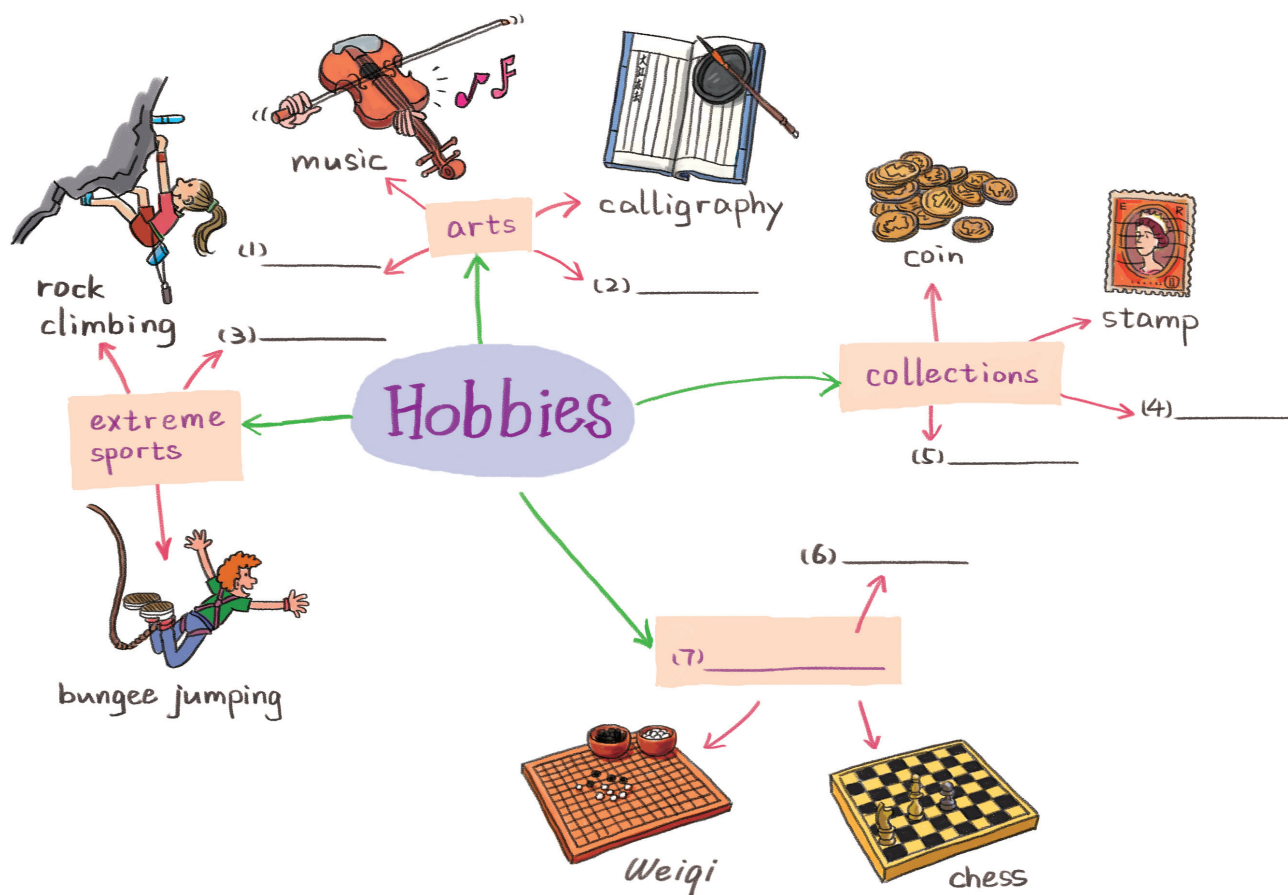
代表超纲词汇

C. Listen and complete the conversation.

- Li Hua:** I'm so excited, Tom. I've just got (1) _____ to the finals of the Chinese chess tournament. Isn't that amazing?
- Tom:** That's great, Li Hua. Actually, I'm not very interested in (2) _____ though. I prefer football. I'd love tickets to see a match at the World Cup!
- Li Hua:** Well, that's nice. But I am more interested in indoor (3) _____. I have just heard there will be an arts and crafts (4) _____ starting next week, and I want to see it.
- Tom:** Oh, really? You know I really love art. Will there be paintings?
- Li Hua:** Of course. It's a big exhibition. There are paintings, sculptures and I think there will be a stall selling (5) _____ too. Do you want to come with me?
- Tom:** Yes! I can't wait to see this awesome exhibition.



D. Fill in the blanks according to the categories of hobbies.



Reading



Unusual ways to

pass the time

Are you looking for a new way to pass the time? Get inspiration by reading about some of these unusual hobbies!

Appearing in the background on TV

Paul Yarrow is a guy who has an unusual hobby: he likes to appear on television. Whenever a news camera crew is set up in a public place, he hangs around in the background on camera. He has appeared in the background of live news reports at a whole range of locations and random times. It seems like where there is a camera crew, there is Paul.



Creating the world's largest ball of paint

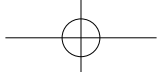
The work of an interior decorator can be challenging, but there are always ways to have a little fun. Back in 1977, Mike Carmichael decided to paint a baseball. Covered with more than 22,000 coats of paint, the ball weighs over 1,500 kilograms. People from all around the world have come to add a coat of paint to the ball, which is even mentioned in Guinness World Records.

Extreme ironing

What would you do if you were ironing and a friend asked you to come rock climbing? Phil Shaw was in this situation. He chose to go climbing, taking his iron with him, and a new hobby was born. Extreme ironing has now spread around the world. People iron their shirts on kayaks, mountaintops, and even in the middle of skydiving.



So you see, the only limit when it comes to hobbies is your own imagination. Have fun!



Words & Expressions



baseball /'beɪsbɔ:l/ *n.* 棒球
 challenging /'tʃæləndʒɪŋ/ *adj.* 富于挑战性的，困难而有趣的
 coat /kəʊt/ *n.* 涂层，（表面的）覆盖物
 crew /kru:/ *n.* 一队工作人员
 decorator /'dekəreɪtər/ *n.* 油漆工，裱糊匠
 inspiration /,ɪnspə'reɪʃən/ *n.* 灵感
 interior /ɪn'tɪriər/ *adj.* 室内的，内部的

iron /'aɪərn/ *v.* 熨平 *n.* 熨斗
 #kayak /'kaɪæk/ *n.* 独木舟
 random /'rændəm/ *adj.* 随意的，任意的
 #skydiving /'skaɪ,darvɪŋ/ *n.* 跳伞运动
 pass the time 消磨时间
 set up 架设，建立

A. Choose the best answer.

- 1 Where might you see Paul Yarrow?
 - a In the background of a local news report.
 - b In a big budget Hollywood movie.
 - c In the theater.
- 2 Where and when does Paul appear on the screen?
 - a He's on the same program every night.
 - b He appears on different occasions and at different times.
 - c He's on a local news broadcast once a year.
- 3 What does Mike Carmichael do for a living?
 - a He's a baseball player.
 - b He's an interior decorator.
 - c He writes books.
- 4 What do Mike's visitors often want to do?
 - a Get their photographs taken with him.
 - b Give him a gift.
 - c Add a coat of paint to the baseball.
- 5 Why did Phil Shaw start his hobby?
 - a He wanted to do two things (climb and iron) at the same time.
 - b He wanted to get fit.
 - c He wanted to become famous.
- 6 Is extreme ironing popular?
 - a No, everyone thinks it's a crazy idea.
 - b Yes, people are doing it all over the world.
 - c People know about it, but no one does it.
- 7 Which sentence provides the best summary of this text?
 - a Your hobby could make you famous.
 - b You should try to find a normal hobby.
 - c A hobby can be anything you enjoy doing.

B. Match the sentences to the persons in the text. Fill in the blanks with Paul, Mike or Phil.

- _____ 1 His hobby is now popular around the world.
 _____ 2 His hobby has been mentioned in Guinness World Records.
 _____ 3 His hobby is to appear on TV as a passerby.
 _____ 4 His hobby combines a household chore with an extreme sport.
 _____ 5 He took up this hobby in 1977.
 _____ 6 He spends a lot of time with a camera crew.


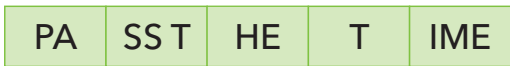

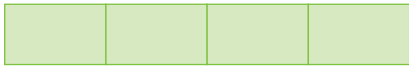

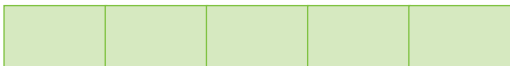

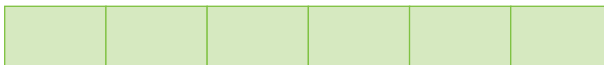
C. Match the words to the definitions.

- | | |
|---------------|--|
| 1 random | a the sport of jumping from an aircraft and falling through the sky before opening a parachute |
| 2 challenging | b happening or chosen by chance |
| 3 skydiving | c a thing used for making clothes smooth, which has a heated flat metal base |
| 4 iron | d difficult in an interesting or enjoyable way |
| 5 weird | e very strange and unusual |

D. Choose the correct expressions to complete the sentences.

- My sister has always wanted to _____ (appear on / appear of) a reality show.
- It took a long while to get everything _____ (set up / set on), but I think the business is working well now.
- Listening to music is one of my favorite ways to _____ (pass the time / pass a time).
- It's a weird fashion craze, which has _____ (spread around / spread under) the country.
- Have we really known each other for ten years? It _____ (seems like / seems for) just a few days!

E. Rearrange the cards to form expressions from the text. Then write the expressions in the squares. The clues in brackets may help you. The first one is already done.

1			(clue: to spend time)
2			(clue: a number of)
3			(clue: to waste time somewhere)
4			(clue: behind the main thing)

Beyond the Text

A. Read the unusual hobbies in the text. What might each hobby reveal about the person's personality? Share your ideas with a partner.

1 Paul (who likes to appear in the background on TV)

I think Paul really wants to be famous, but he has never had the right opportunity to do so. He might be a bit of show-off and want to be the center of attention all the time. He must be outgoing and talkative as he's able to get along with the camera crew.



Olivia

2 Mike (who paints a baseball and has been making it bigger and bigger for decades)

I think Mike...



You

3 Phil (who irons his clothes while doing extreme sports)

I think Phil...



You

B. What can your hobbies tell you about your future career? Match the two columns, and complete the remaining two statements.

1 If you like to cook,

a you are very patient and focused. You could be good with children or elderly people.

2 If you like to fish,

b you have a creative side and can improvise when not all ingredients are at hand.

3 If you are a chess player,

c you might be good at developing business strategies.

4 If you practice kung fu or judo, you... _____

5 If you have several pets, you... _____

Chatting



A. Listen and complete the conversation.

Jamie: Do you like playing basketball, Ms Chang? My team is looking for new players.

Ms Chang: Thanks for asking, Jamie, but I don't really enjoy ball games so much. I've tried playing tennis and I also played football for a while, but I didn't really like them.

Jamie: So, (1) _____?

Ms Chang: I really enjoy going skiing in winter, and in the summer, I go hiking in the mountains. (2) _____.

Jamie: What about swimming?

Ms Chang: Swimming is good too, but I prefer to go swimming in rivers and lakes rather than in swimming pools. What about you?

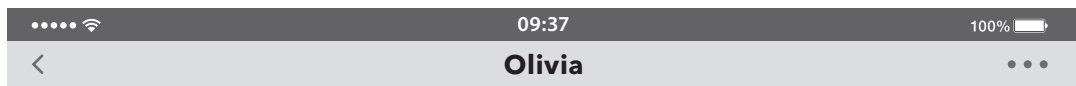
Jamie: (3) _____.

Ms Chang: Do you catch much?

Jamie: Only very rarely!



B. Ask your partner about hobbies.



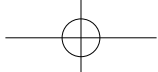
What is your hobby?



What do you prefer, indoor sports or outdoor sports?



Are there any hobbies which you haven't tried yet, but would like to?



Words & Expressions



fishing /'fɪʃɪŋ/ *n.* 钓鱼, 捕鱼
 hiking /'haɪkɪŋ/ *n.* 徒步旅行, 远足
 skiing /'ski:ɪŋ/ *n.* 滑雪运动, 滑水运动
 ball games 球类运动
 keep fit 保持健康

C. Work in pairs. Imagine that you are an active person and your partner is a less active person. Talk about how to spend your spare time. Ask your partner about hobbies.

Useful language

Active person

- I have a busy schedule.
- I like to keep busy / be active.
- I'd get bored if I did nothing.
- I like playing soccer / table tennis / badminton.
- I belong to a drama group / a debating society / an orchestra.

Less active person

- I like to chill out / relax / take my time.
- I like to sit around doing nothing in my free time.
- I really don't like rushing from place to place.
- I like to read books / magazines.
- I enjoy watching TV and movies.

Example

A Hi, Freya. What are you up to?

B I'm just going to play basketball. Then I'm going to play in the school orchestra. That's why I'm carrying my flute!

A Wow, you're really busy, aren't you?

B Today is quite quiet actually! Tomorrow I have ballet class, French class and a drama rehearsal all on the same night. I like to be busy though.

A ...

Language Note

英语中, 我们常用动词 **play, go, do** 搭配各种运动项目。play 常用于球类运动, 如: play tennis / soccer / volleyball / basketball / football 等。go 常接动名词, 如: go swimming / hiking / skiing / fishing 等。do 常搭配的运动项目有 do yoga / karate / water sports / judo 等。

Writing



A. Read Lisa's invitation and Dan's reply. Write T (true) or F (false).

- 1 Lisa wants Lily to know about the party.
- 2 The party is going to be on December 5th.
- 3 It will last about two hours.
- 4 Lisa would like Dan to bring some food with him.
- 5 Dan is going to bring his mother to the party.

Surprise party for Lily's birthday

From: Lisa <Lisa2009@123.com>
To: Dan <Dan2009@123.com>

Hello Dan,

I'd like to invite you to a surprise party I'm organizing for Lily's birthday. Can you come? I'm sure she'd love you to be there.

The party is at my house on December 5th. It starts at 7 p.m., and I think it'll finish at about 10 p.m. I'm making some food. If you'd like to bring some cookies with you, then that would be great! There will also be music and party games.

Please let me know if you can come, and remember, not a word to the birthday girl!

Love,
Lisa

Dan's reply

Re: Surprise party for Lily's birthday

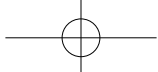
From: Dan <Dan2009@123.com>
To: Lisa <Lisa2009@123.com>

Hi Lisa,

What a great idea! You know I love parties, especially surprise ones. I'd love to come. I can bring food. That's no problem. Do you want me to ask mom to make some of her chocolate cookies? They're really good! If you want, I can come earlier and help you to decorate the house too. Also, what should I wear? Is it going to be a formal party or can I wear my jeans?

See you soon and thanks for the invitation.

Love,
Dan



An invitation letter (邀请信)

B. Complete the sentences with the correct verbs.

- 1 I'd love you to _____ to my birthday party next Friday night.
- 2 Can you _____ your guitar? I'd love you to sing to the guests.
- 3 I'd like to _____ you to a surprise party.
- 4 The birthday party will _____ at 7 p.m. and it will at 11 p.m.
- 5 Please let me _____ if you could come to the party.

C. Complete the writing profile with the functions.

Asking for advice
Accepting an invitation

Requesting help
Declining an invitation

Making an invitation

- 1 *Making an invitation*

 - Would you like to come to my house-warming party?
 - I'd like to invite you to my birthday party.
- 2 _____
 - Do you think you could come early and help me to set up?
 - Can you bring some snacks / some party games / your saxophone?
- 3 _____
 - I'd really love to come.
 - Thanks so much for the invitation. That sounds great / amazing / a lot of fun.
- 4 _____
 - Sorry, I'd love to come, but I'm going to my cousin's wedding that evening.
 - So sorry, I won't be able to make it.
- 5 _____
 - Should I wear a dress?
 - Is it going to be a formal party?

D. Write a party invitation to your partner. Then write a reply to your partner's invitation. The following expressions may help you.

Useful language

- Would you like to come to my... party?
- It's on... (date) at my house / the community hall.
- Would you be able to arrive early to help get set-up?
- Hope to see you there!
- Really hope you can make it!
- I'll be there!
- I'd love to come.

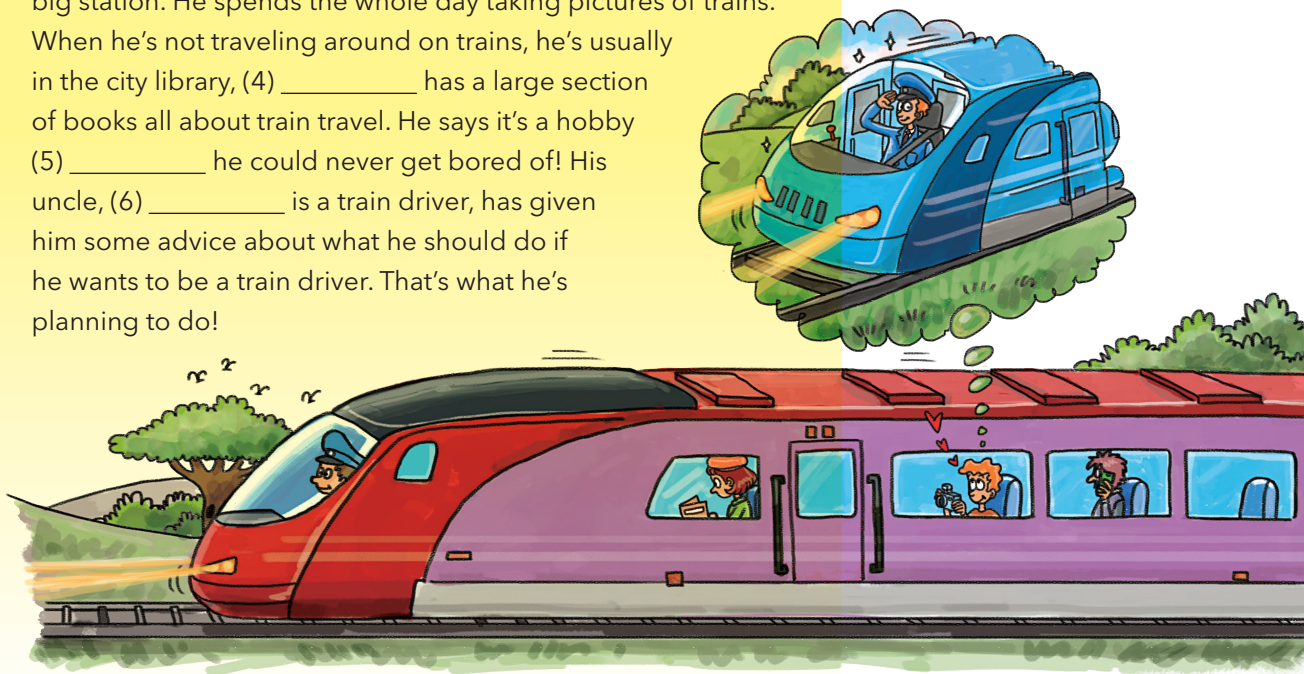
Grammar Focus

A. Rewrite the two sentences as one sentence with the given words in brackets.

- 1 These are the books. You ordered these books. (which)
_____.
- 2 The man has been arrested. The man robbed her. (who)
_____.
- 3 It was an island. I have forgotten its name. (whose)
_____.
- 4 I was working for Mr Smith. Mr Smith was very generous about overtime payments. (who)
_____.
- 5 They went to the Royal Theater. They saw Ibsen's *Peer Gynt*. (where)
_____.

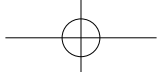
B. Complete the passage with *who*, *where*, *whose*, *which* or *that*.

I met my best friend Tony on the street (1) _____ we both live and we've been friends ever since. Tony is a guy (2) _____ hobby is trainspotting. Every weekend he gets on a train and travels to cities (3) _____ he knows there's a big station. He spends the whole day taking pictures of trains. When he's not traveling around on trains, he's usually in the city library, (4) _____ has a large section of books all about train travel. He says it's a hobby (5) _____ he could never get bored of! His uncle, (6) _____ is a train driver, has given him some advice about what he should do if he wants to be a train driver. That's what he's planning to do!



Grammar Note

- 限制性定语从句 (**defining attributive clauses**): 对所修饰词的意思加以限制, 表示“……的人或事物”, 多由关系代词 (relative pronouns) 或关系副词 (relative adverbs) 引导。限制性定语从句去掉以后, 句子意思常发生变化, 甚至不能成立。如: Paul Yarrow is a guy who has an unusual hobby.
- 非限制性定语从句 (**non-defining attributive clauses**): 对所修饰的词没有限制词义的作用, 只是补充说明, 通常用逗号把它和句子的其他部分分开。非限制性定语从句去掉以后, 对句子意思没有太大影响。如: My grandmother, who is 86, drinks green tea every day.



The Pride of China

Confucius (孔子)

Confucius was a Chinese philosopher and politician of the Spring and Autumn period. He was China's most famous teacher, philosopher, and political theorist, whose ideas have profoundly influenced the civilizations of China and other East Asian countries. The philosophy of Confucius, also known as Confucianism, emphasizes personal and governmental morality, correctness of social relationships, justice, kindness, and sincerity. *The Analects of Confucius* (《论语》) is an ancient Chinese book composed of a large collection of sayings and ideas attributed to Confucius and his contemporaries.



My Learning Log

Words

Words I've learned in this unit are:

- antique
- awesome
- challenging
- chess
- crew
- decorator
- exhibition
- inspiration
- iron
- random
- sculpture
- tournament

Now I know _____ new words.

More words I have learned in this unit are:

Expressions

Expressions I've learned in this unit are:

- board game
- keep fit
- pass the time
- set up

Great! Now I know _____ useful expressions.

More useful expressions I have learned in this unit are:

I can

- discuss how to pass the time.
- use defining and non-defining attributive clauses.

I even can

- write an invitation letter.