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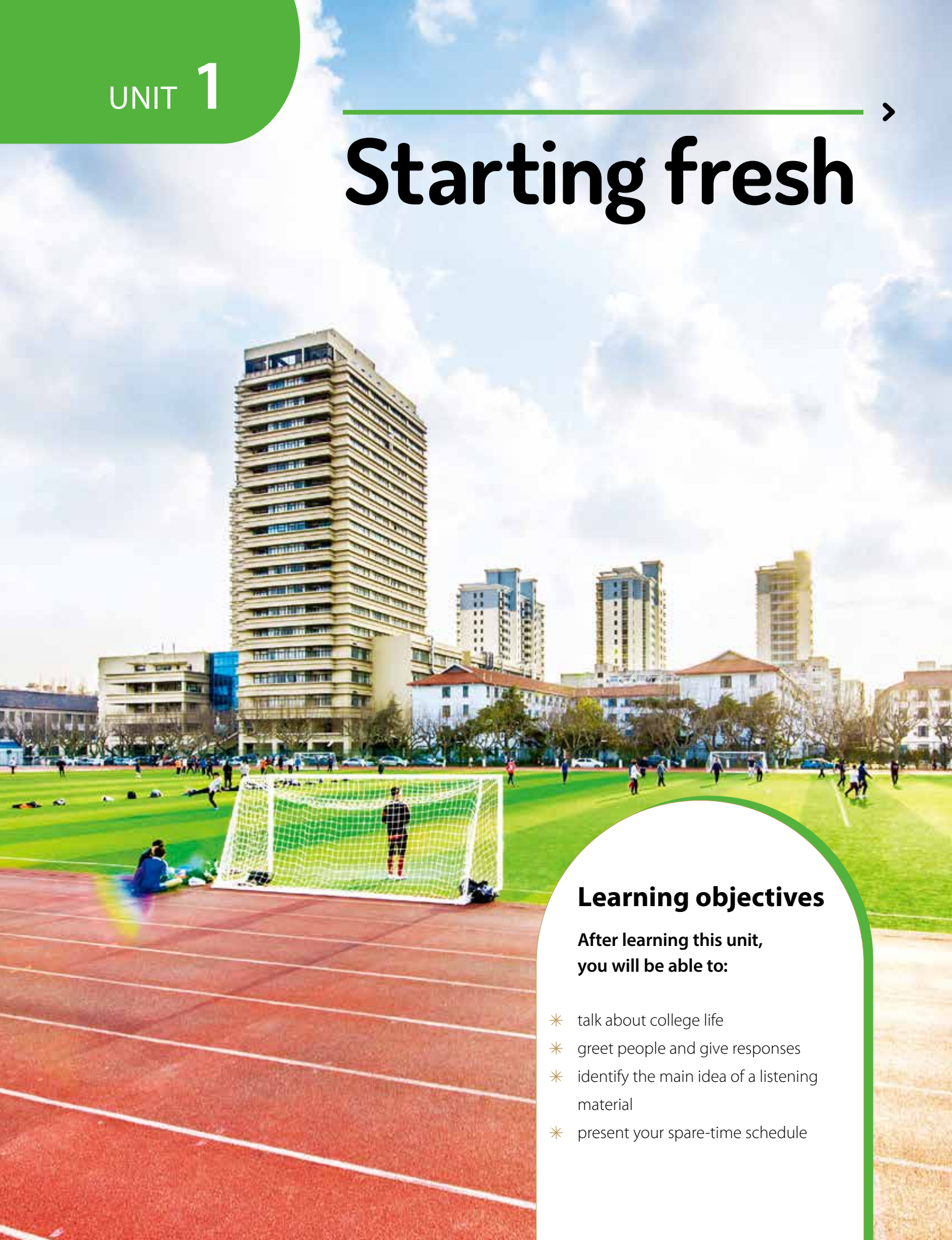
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Starting fresh



Learning objectives

After learning this unit,
you will be able to:

- * talk about college life
- * greet people and give responses
- * identify the main idea of a listening material
- * present your spare-time schedule

> Pronunciation

Pronunciation skills

Vowels (Minimal pairs)

最小对立对 (minimal pairs) 指音标中除了出现在同一位置上的一个音不同外、其他音都相同的两个单词。不一样的可以是元音, 也可以是辅音。本单元练习元音的最小对立对。

在最小对立对中, 当不一样的两个音差别特别细微时, 如果发音不准确, 就容易引起误解。例如: 如果把 seat /si:t/ 读为 sit /sɪt/, 或者 men /men/ 读为 man /mæn/, 就会引起听者的误解。注意这类发音的区别有助于我们正确听辨读音, 正确表达自己。

1 Listen and repeat.

/i:/ — /ɪ/ leave — live sheep — ship seat — sit

/æ/ — /e/ bad — bed man — men band — bend

/ɑ:/ — /ʌ/ barn — bun heart — hut dark — duck

/ɔ:/ — /ʊ/ cork — cock short — shot dawn — don

/u:/ — /ʊ/ fool — full Luke — look suit — soot

2 Listen and check (✓) the words you hear.

- | | | |
|---|----------|---------|
| 1 | A. least | B. list |
| 2 | A. and | B. end |
| 3 | A. calm | B. come |
| 4 | A. sport | B. spot |
| 5 | A. pool | B. pull |

> Listening to communicate

Conversation 1

1 Listen to the conversation and check (✓) the greetings and responses you hear.

1 Hello.

2 Hi.

3 How do you do?

4 How are you?

5 Nice to meet you.

6 Long time no see.

2 Listen to the conversation again and choose the best answer to each of the questions.

1 What is the possible relationship between the two speakers?

- A. Friends.
- B. Pen friends.
- C. Schoolmates.
- D. Former schoolmates.

2 How many years has Li Lei been studying Traditional Chinese Painting?

- A. About ten years.
- B. About five years.
- C. Three years.
- D. Nine years.

3 What is Lisa studying?

- A. City Planning.
- B. Marketing.
- C. Sports Studies.
- D. Western Painting.

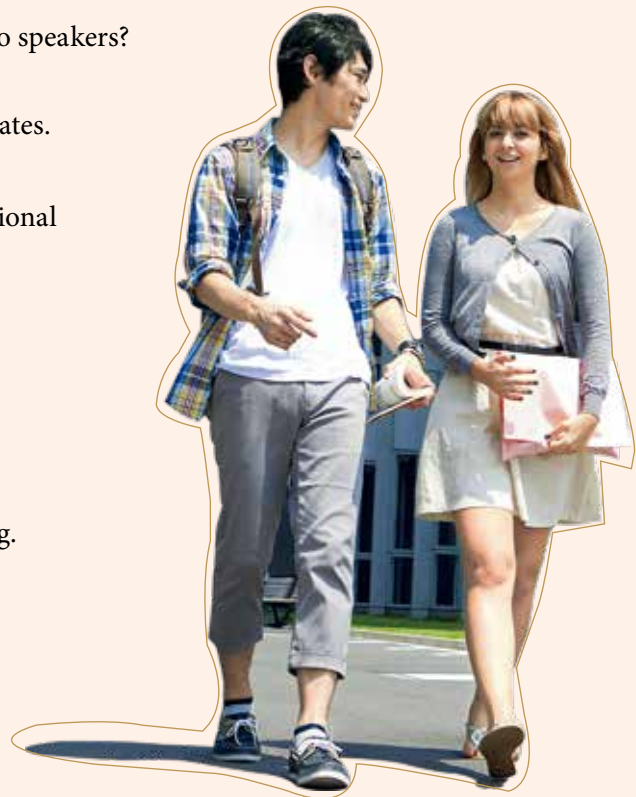
Word tips

style /stɑɪl/ n. 风格

broad /brɔ:d/ a. 广泛的

organize /'ɔ:gə,naɪz/ v. 组织

physical /'fɪzɪkl/ a. 身体的



Conversation 2

Word tips

ballet /'bæleɪ/ n. 芭蕾舞剧

Culture notes

The White-Haired Girl (《白毛女》)

芭蕾舞剧《白毛女》改编自同名歌剧，1964年首演，后逐渐发展成大型舞剧。《白毛女》是我国芭蕾舞与民族舞结合的典范。



1 Listen to the conversation and choose the best answer to each of the questions.

- 1 What does Rio invite Jenny to do on Friday evening?
 - A. To talk about Jenny's project.
 - B. To go to the singing competition.
 - C. To watch *The White-Haired Girl*.
 - D. To go to the art club.
- 2 What does Jenny think of Rio's suggestion about seeing the ballet?
 - A. She doesn't believe he can get the tickets.
 - B. She thinks it's fantastic.
 - C. She would like to go but she has no time.
 - D. She doesn't want to see it.
- 3 Why does Jenny have to go at the end of the conversation?
 - A. Because she has to buy the tickets.
 - B. Because she has to see the ballet.
 - C. Because she has to attend the class.
 - D. Because she has to go to a meeting.

2 Listen to the conversation again and fill in the blanks with what you hear. The expressions marked A-E are given for your reference.

A Hold on

B I can't believe it

C I have to go now

D I'm really sorry

E Then I'll call you

- 1 _____, but I can't make it on Friday evening.
- 2 _____ ... There's a ballet on Saturday, *The White-Haired Girl*.
- 3 That's fantastic! _____.
- 4 _____ when I get tickets.
- 5 I'm sorry. _____. My class starts in 20 minutes.

Act-out

Work in pairs and complete the following conversations. You may use the expressions in the skill box or you may come up with your own ones. After you complete the conversations, act them out.



Conversation 1
Meet people for the first time


A: 1) _____. I'm Liu Yun. 2) _____.

B: 3) _____. My name is John Wilson. Nice to meet you, too.

A: 4) _____. What are you studying here?

B: I'm studying Western Art. What about you?

A: City Planning.



Conversation 2
Meet people you know

A: 1) _____?

B: Great, thanks, 2) _____?

A: Fine, too. Thanks. 3) _____ your parents?

B: They're very well, thank you.

A: Please give them 4) _____.

B: Thank you. And give my regards to your family, too.

Communication skills

Greetings and responses

Greetings

First meeting

- Hello. I'm ...
- How do you do?
- Nice / Glad to meet you.

Everyday meeting

- Fancy meeting you here.
- How nice to see you again!
- How are you?
- How are you doing?
- How have you been?
- How are things going with you?
- How's everything?

Responses

First meeting

- Hi. My name is ...
- How do you do?
- Nice / Glad to meet you, too.

Everyday meeting

- Same here.
- Me, too.
- Fine. / Great. / Pretty good.
- I'm very well, thanks.
- Great, thanks, and you?
- Not too bad, thank you.
- Everything is all right.
- The same as ever.

> Listening to explore

Listening skills

Listening for the main idea

我们听一段语音材料时，可以通过不同的方式获得其大意或主题，例如，关注材料开头或结尾的主题句，或者关注材料中重复提到的信息点等。

News report

1 Listen to the news report and fill in the blanks with what you hear.

- 1 Online education is one of the _____ growing industries in China.
- 2 It is expected that the market _____ will increase to over 714 billion RMB in five years.
- 3 Many publishers and IT companies are now _____ online courses and educational platforms for this group.
- 4 Experts predict that Chinese online education in universities will have more live classes and make more use of AI _____.

Word tips

publisher /'pʌblɪʃə/ *n.* 出版社

platform /'plæt,fɔ:m/ *n.* 平台

expert /'ekspɜ:t/ *n.* 专家

predict /prɪ'dɪkt/ *v.* 预测

AI (artificial intelligence) 人工智能

2 Listen to the news report again and choose the best answer to each of the questions.

- 1 What was the market value of online education in China in 2015?
A. 110 billion RMB. B. 123 billion RMB.
C. 232 billion RMB. D. 269 billion RMB.

- 2 Who are the largest group of online education users according to the news?
A. Preschool children. B. Primary school students.
C. Middle school students. D. University students.

- 3 What's the news mainly about?
A. Online courses in China.
B. Educational platforms in China.
C. Fast growing online education in China.
D. The market value of online education in China.



Passage 1

Word tips

freshman /'frefʃmən/ *n.* (高中或大学的) 一年级学生

challenge /'tʃælɪndʒ/ *n.*
挑战; 考验

1 Listen to the passage and choose the best answer to each of the questions.

- 1 What does the passage mainly discuss?
 - A. Freshman worries.
 - B. Spare-time activities at college.
 - C. Spare time management at college.
 - D. Differences between high school and college life.
- 2 What will you have at college compared with in high school?
 - A. More classes.
 - B. More free time.
 - C. Fewer breaks.
 - D. Fewer challenges.
- 3 What is the advice from an experienced college student?
 - A. Don't put off studying.
 - B. Attend more clubs.
 - C. Try to do different things.
 - D. Find a mountain of work to do.

2 Listen to the passage again and fill in the blanks with what you hear.

- 1 As a new college student, you may experience a very common freshman _____: what to do with your out-of-class time.
- 2 This is one of the main _____ between high school and college.
- 3 There are many things you can do: studying, _____ clubs, working, exercising, and so on.
- 4 It is up to you to _____ it out.



Passage 2

1 Listen to the passage and decide whether the statements are true (T) or false (F).

- 1 In America, men and women at college often live in separate dormitory buildings.
- 2 In an international house, students are from different cultures.
- 3 In a language house, students speak their own languages.
- 4 Living in a dormitory is a social experience.

2 Listen to the passage again and choose the best answer to each of the questions.

- 1 How long do many American students live in dormitories?
A. At least one year. B. At least two years.
C. At most one year. D. At most two years.
- 2 What will students living in a fine arts dormitory do?
A. They buy and sell artworks.
B. They learn each other's languages.
C. They learn about each other's cultures.
D. They share and enjoy artworks together.
- 3 What is the passage mainly about?
A. Dormitory themes. B. Dormitory buildings.
C. Dormitory friends. D. Dormitory life.

Word tips

dormitory /'dɔːmɪtri/ *n.*
(学院或大学的) 学生宿舍

theme /θi:m/ *n.* 主题

be fond /fɒnd/ **of** 喜欢



> Sharing your ideas

Present your spare-time schedule

Work in groups and present your spare-time schedule to your classmates.

Step 1

Fill in the schedule and mark your spare time during the week.

Class schedule							
Name _____				Semester _____			
	MON	TUE	WED	THU	FRI	SAT	SUN
Morning							
Afternoon							
Evening							

Step 2

Decide on one thing you want to achieve in your spare time.
Think about:

- a skill you want to develop
- a hobby you want to pursue
- a part-time job you want to try



Step 3

Think about activities you can do to achieve your goal in your spare time.



Step 4

Present your ideas in groups or in class. Your presentation should consist of the opening, body, and closing parts.

- **Opening**
State the purpose or topic of your presentation.
- **Body**
Present the thing you want to achieve, the activities you want to do, the ways you use your spare time to do the activities, etc.
- **Closing**
Make a conclusion and express your hope that the schedule is helpful to your classmates.

Presentation skills

Making a presentation

口语展示活动通常包括开头（Opening）、主体（Body）和结尾（Closing）。展示者在开头部分一般会陈述展示目的或主题；主体部分会对主题进行具体的阐述；结尾部分总结所讲的内容，重申展示目的或提出建议等。在本单元的展示活动中，展示者可以在开篇说明自己要展示的主题是分享自己闲暇时间的安排；在主体部分可以具体陈述自己有多少闲暇时间、打算安排什么活动、为什么要这样安排等；在结尾部分，可以总结自己陈述这个主题的目的，提出自己的建议等。

> Viewing to know

Word tips

confusion /kən'fju:ʒn/ *n.*

困惑

anxiety /æŋ'zaiəti/ *n.* 焦虑

inspire /ɪn'spaɪə/ *v.* 鼓舞

curious /'kjʊəriəs/ *a.* 好奇的

establish /ɪ'stæblɪʃ/ *v.*

创立; 建立

path /pɑ:θ/ *n.* 路线

Pre-viewing

Work in pairs and discuss the questions.

- 1 Do you think entering college is the turning point of your life? Why or why not?
- 2 How did you feel when you entered college?

While-viewing



- 1 Watch the video clip and decide whether the statements are true (T) or false (F).
 - 1 The video clip is designed for the newcomers to university.
 - 2 It is normal for students to feel uncertain and anxious at the start of their university life.
 - 3 The speaker is not sure whether the students will change or not.
 - 4 The style of the university is made up of the style of each student.

2 Watch the video clip again and fill in the blanks with what you hear.

- 1 Great things await those that go in _____ of the unknown.
- 2 In these years, you'll start dealing with society's biggest challenges, and begin to make a _____ to the world and the people around you.
- 3 You are coming to a place that enables and inspires, a place that helps you realize your own _____.
- 4 Here is the place where you will grow to stand shoulder to shoulder with great _____, side by side with friends.

Post-viewing

Work in pairs. Tell your partner what you expect during your journey in the university. Think about:

- study
- hobbies
- social life



> Further listening

Conversation

Word tips

band /bænd/ *n.* 乐团; 乐队

drum /drʌm/ *n.* 鼓

lecture /'lektʃə/ *n.* 讲座; 讲课; 演讲

rhythm /'rɪðəm/ *n.* 节律; 节奏

Culture notes

Kunqu opera

昆曲, 又称昆剧, 是中国最古老的剧种之一, 也是中国传统文化艺术中的珍品。

Listen to the conversation and choose the best answer to each of the questions.

- 1 When did the conversation possibly take place?
A. Before a lecture. B. After a lecture.
C. Before a performance. D. After a performance.
- 2 What is Kathy studying?
A. Kunqu opera. B. Painting.
C. Music. D. Dance.
- 3 According to the conversation, why is Kunqu opera called “the mother of traditional Chinese opera”?
A. Its rhythm is the most basic of Chinese opera.
B. It best presents traditional Chinese culture and art.
C. Many other types of Chinese opera have developed from it.
D. It has the longest history as a traditional art form.



News report

Listen to the news report and choose the best answer to each of the questions.

- 1 According to the news, how many students among those surveyed have worked as volunteers?
A. 67%. B. 80%. C. 82%. D. 85%.
- 2 What's the news mainly about?
A. More than 80% of young Chinese take part in volunteer work.
B. Many young Chinese consider that volunteering is important for college.
C. There are actually many problems in voluntary activities.
D. Voluntary activities are closely related to students' majors.

Passage

Listen to the passage and choose the best answer to each of the questions.

- 1 According to the passage, what is a gap year?
A. It is the one-year-long break after high school.
B. It is the one-year-long break before or after high school.
C. It is the one-year-long break after university.
D. It is the one-year-long break before or after university.
- 2 According to the passage, why do students take a gap year?
A. To have a good rest.
B. To travel to different countries.
C. To get more experiences and prepare for future career.
D. To explore interests and develop a purpose for the future.
- 3 Which of the following is NOT mentioned as the help students can get from the organizations?
A. Finding a host family. B. Setting up the volunteer project.
C. Taking care of meals. D. Choosing a major in university.

Word tips

volunteer /ˌvɒləntɪə/ v.

自愿做

relate /rɪˈleɪt/ v. 有关; 涉及

major /ˈmeɪdʒə/ n. 专业

Word tips

throughout /θruːˈaʊt/

prep. 遍及

opportunity /ˌɒpəˈtjuːnəti/

n. 机会

focus /ˈfəʊkəs/ n. (注意、关注的)中心

> Listening to appreciate

Listen to the song and fill in the blanks with what you hear.

Brand New Day

singer Amy Diamond

You should've known
You should've seen it
You've been moving too slow
Trying to stay in 1) _____
You'd better jump
Gotta risk it
Can't be playing it safe
Take a risk for a 2) _____
This is what you do
You gotta 3) _____
You can be whatever you like

A brand new day
Come out and play
Let the devil you know fade away
A brand new day
The feeling is great
Don't you ever look back
You might miss tomorrow coming your way

I 4) _____ the world
You see me dancing
Think I'm one of a kind
Don't go out of your mind
I'm only a girl who's taking 5) _____
And I'd do it all again
'Cause the party never ends
Gotta let me 6) _____ it

I'll show you the way
This could be the time of your life

A brand new day
Come out and play
Let the devil you know fade away
A brand new day
The feeling is great
Don't you ever look back
You might miss tomorrow coming your way
You shouldn't lose another day
Nothing comes to those who 7) _____
You don't have to be 8) _____ anymore

A brand new day
Come out and play
Let the devil you know fade away
A brand new day
The feeling is great
Don't you ever look back
You might miss tomorrow coming your way

I said a brand new day
The feeling is great
Don't you ever look back
You might miss tomorrow coming your way

B1U1 Fresh start

Listening to communicate

Conversation 1

- Li Lei: Hello. My name is Li Lei. Nice to meet you.
- Lisa: Hi. I'm Lisa May. Nice to meet you, too.
- Li Lei: Hi, Lisa. Are you new here?
- Lisa: Yes, I am.
- Li Lei: Me, too.
- Lisa: What are you studying?
- Li Lei: I'm studying Traditional Chinese Painting.
- Lisa: Chinese Painting! That's quite different from Western styles of painting. How long have you been studying it?
- Li Lei: About five years. What are you studying?
- Lisa: Sports Studies.
- Li Lei: Sports Studies? What will you be able to do when you finish college?
- Lisa: Well, it's a broad field. I'll be able to do a lot of things in the sports industry, like planning, organizing and marketing sporting or physical activities.
- Li Lei: Sounds interesting.

Conversation 2

- Rio: Hello, Jenny.
- Jenny: Oh, hi, Rio.
- Rio: Want to go to the singing competition on Friday evening?
- Jenny: I'm really sorry, but I can't make it on Friday evening. I've just joined the art club, and we'll be meeting to talk about our first project for the term. How about Saturday?
- Rio: Hold on ... There's a ballet on Saturday, *The White-Haired Girl*.
- Jenny: That's fantastic! I can't believe it. You know I've always wanted to see it.
- Rio: Then I'll call you when I get tickets.
- Jenny: Great. Thanks. Oh, Rio, I'm sorry. I have to go now. My class starts in 20 minutes. Talk to you later.
- Rio: OK. Bye.
- Jenny: Bye, Rio.

Listening to explore

News report

Online education is one of the fastest growing industries in China. In 2015, the number of users was 110 million with a market value of 123 billion RMB. By June 2019, the number grew to 232 million while the market value rose to 269 billion RMB. It is expected that the market value will increase to over 714 billion RMB in five years.

Among online education users, the largest group is students from higher education. Many publishers and IT companies are now developing online courses and educational platforms for this group. Experts predict that Chinese online education in universities will have more live classes and make more use of AI technologies.

Passage 1

As a new college student, you may experience a very common freshman worry: what to do with your out-of-class time. This is one of the main differences between high school and college. In high school you may have felt that your time was filled by classes and activities, with very few breaks. In college you will have fewer classes, and a lot more free time. Sounds good? The challenge is how to manage your “free” time. There are many things you can do: studying, attending clubs, working, exercising, and so on. It is up to you to work it out. Here’s a bit of advice from an experienced college student: Don’t put off studying. There is nothing worse than coming to the end of a term and finding you have an impossible mountain of work to do.

Passage 2

Many American college and university students live in dormitories, at least for their first year. Men and women often live in the same building, though they may live on separate floors.

Some dormitories have a theme. For example, there are international houses, where students can learn about each other’s cultures. In a language house, students try to avoid speaking their own language. The idea is to learn a different language. Students who are fond of fine arts can live in a fine arts house, where they share and enjoy artworks together, and even create paintings of their own.

Living in a dormitory is a social experience for college students. They meet different people and live as part of a whole group. Very often they will make friends that they will have for the rest of their life.

Viewing to know

Now is the turning point of your life. You may feel worried or alarmed as you find yourself in a new place, surrounded by new people and new things. But enjoy these feelings. Enjoy the confusion and anxiety of the unknown. Great things await those that go in search of the unknown. What will happen to you in the years ahead will go beyond your expectations. In these years, you'll discover who you are; in these years, you'll start dealing with society's biggest challenges, and begin to make a difference to the world and the people around you. There's one thing we are sure about: You too will change. You will grow. You are coming to a place that enables and inspires, a place that helps you realize your own dreams. During your journey here, you will come upon great people from the past, you will develop lifelong friendships. Here is the place where you will grow to stand shoulder to shoulder with great minds, side by side with friends, break well-accepted practices, discover new ways of being curious, establish your own path, pioneer your own way of doing things, because the style of every student makes up that of the university as a whole. Whether you are coming from near or far, welcome to the university.

Further listening

Conversation

- Michael: Hi! I'm Michael. Nice to meet you!
- Kathy: Nice to meet you too, Michael. I'm Kathy, and I'm studying painting here. How about you?
- Michael: I'm studying music. I'm a member of the school band and I play the drums.
- Kathy: That's great! Well, I am particularly interested in traditional Chinese culture and art.
- Michael: Same here. That's why I came here for this lecture about Chinese *Kunqu* opera.
- Kathy: Oh, by the way, have you ever listened to *Kunqu* opera?
- Michael: Yes, I really like the rhythm of it.
- Kathy: You are absolutely right. I've heard that many other types of Chinese opera have developed from *Kunqu* opera.
- Michael: Yes. That's why it is called "the mother of traditional Chinese opera." Look, the lecturer comes in.

News report

Many young people in China believe that volunteering is an important part of college life. More than 80 percent of young people who have taken part in a recent survey think that university students should do volunteer work, according to a report by *China Youth Daily* on Thursday. Among them, 85 percent think that volunteering is important for a university student, and 82 percent have worked as volunteers in activities organized by universities, student societies, or clubs. The young people surveyed also pointed out problems in those service activities. For example, they are not always helpful to society. At the same time, 67 percent suggested that such activities should be related to the students' majors.

Passage

A gap year is a year-long break before or after university. During that time students take part in different kinds of activities, such as travel or some type of regular work. Gap years have been common in Europe for many years, but they are growing more popular throughout the U.S. There are many reasons to take a gap year. One of the most common reasons is the opportunity for students to explore their interests and develop a purpose for their future. They can choose from different areas of focus for their gap-year activities, such as sports, arts or community work. There are many organizations that can help students organize their gap years. For example, some help with everything from finding a host family to setting up the volunteer project, to taking care of meals.