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OBJECTIVES

Theme:

people we admire

Language functions:

defining a concept; giving reasons and offering explanations

>> WARM-UP

- 1) Listen to the song *Hero*. (The lyrics are at the end of this unit.) Enjoy and hum it if you like. Do you like the song? Why or why not?
- 2) Who is your hero/heroine? Is he/she your hero/heroine all the time or does your hero/heroine change from time to time? If your answer to the second question is the former, why has he/she been your hero/heroine? If your answer is the latter, who have they been? And why have there been such changes?





>> ACTIVITY 1

1. Who is he?

Look at the following picture. Who is he? What do you know about him? What do you think of him?



2. The "Father of Hybrid Rice"

Chinese children recite a Tang Dynasty poem that credits the farmer's sweat and toil for the rice on their plates. They also acknowledge the crop scientist Yuan Longping, the "Father of Hybrid Rice," whose lifelong research helped feed the world's most populous country and beyond.

As a key player in reducing hunger and poverty across the world, Yuan became one of China's most famous scientists, rising to direct the China National Hybrid Rice Research and Development Center in Changsha.

Yuan Longping was born on September 7, 1930 in Beijing. After graduating from college in 1953, Yuan was assigned to teach agronomy at Anjiang Agricultural School in Hunan Province.

As a young teacher in Hunan's countryside, Yuan witnessed the devastation brought by food shortage at that time. He felt that he must do something. "Something as small as a grain can save a country, while it can also make a country fall," he said during a television interview.

From 1960, Yuan had been focused on rice, China's most important staple crop, working in the fields around his school. At that time, research into the hybridization of wheat and corn led to the breakthroughs in crop production, which convinced Yuan that he should study hybrid rice. As a self-pollinating crop, however, rice presented a unique challenge. Yuan decided to take the challenge and devote himself to rice hybridization experiments.

He spent the next four years looking for a wild male-sterile rice variety till the summer of 1964 when he discovered such a plant. His experiments afterward showed that male-sterile natural species could be crossed with other plants.

Scientists of Yuan's generation have made enormous sacrifices for our country. In his memoir, he recalled how he spent just one day with his family in a whole year. Particularly in the 1970s, Yuan spent much of his time on Hainan Island, where he and his team hunted for the wild strains needed to produce hybrid seed.

In 1973, he cultivated the world's first high-yielding hybrid rice strain, which could reach a yield of over 500 kilograms per mu (0.067 hectares) from the previous 300 kilograms. Such rice varieties not only give a higher yield but also reduce the plant area needed without sacrificing the quality of the rice.

As a result, China's total rice output increased from 5.69 billion tons in 1950 to 19.47 billion tons in 2000. Today, the hybrid rice is grown in almost half of China's rice paddies and its yield makes up 60% of the country's total rice production.

And this success was for the world. Once his rice grew well, he sent seeds to the International Rice Research Institute in the Philippines. Then he traveled widely, all across Asia and to Africa and America, as well as inviting foreign students to the Hunan Hybrid Rice Research Center in Changsha to instruct them. A fifth of all rice grown globally now comes from hybrids that were his.

Yuan saw agriculture as his vocation and continued visiting the Hainan research station until he had a fall in March 2021. The only concession he made to old age was driving to the fields, instead of walking or bicycling as earlier in life. To the last, he expressed optimism about the endless possibilities of science and technology, and believed that the next yield increase, with the potential to contribute to world food security and peace, is within reach.

3. Discussion

- 1) Why is Yuan Longping a hero?
- 2) Which part of Yuan Longping's life story impresses you most? Why?
- 3) What characters of Yuan Longping do you think have contributed to his great achievements?
- 4) What do you think is the quality young people should learn from Yuan Longping?



4. Show-and-tell

Design one or more charts with the figures in the text and from other sources to show Yuan Longping's achievements. Explain to the class what your charts imply in your own words.

5. Mini-speech

When asked about the secret to his success, Yuan Longping listed four factors: knowledge, hard work, intuition, and opportunity, quoting Louis Pasteur's saying that "chance favors the prepared mind." Read Yuan Longping's life story again and make a mini-speech on how all the four factors work together to make Yuan Longping a hero. Remember to give a clear claim, relevant evidence, logic explanation, and a proper conclusion in your speech.

>> ACTIVITY 2

1. What is a hero?

The word "hero" means different things to different people. For some, it's the firefighter who enters a burning building to save lives. For others, it's the baseball player who clears the bases with a game-winning home run. The following is a survey of people's ideas for heroes conducted by a TV station.

Interviewer: Who do you think are heroes?

Tim: One of my heroes was the man who owned the grocery store where

I worked as a teenager. He was honest and hardworking, and treated people with dignity. Another was my lieutenant, because he believed in me. These men didn't focus on themselves, but encouraged others to believe in themselves. Heroes conduct themselves with honor and

make the right choices day after day.

Interviewer: Thank you. What does the word "hero" mean to you?

Maura: I don't like the term "hero." It implies that some people are perfect

and have no weaknesses, but we all have shortcomings. Heroes are people who fail but stand back up again. We all have a hero inside us. By following the example of others you look up to, you can fan the flames of inspiration and find the hero in yourself. Heroes are those

who recognize their weaknesses and do something about them.

Interviewer: Very good. Thank you very much. Who are heroes to you?

lessica: To me, heroes are those who sacrifice, take risks, or do the extraordinary

> for the benefit of others. Firefighters do not set out to be heroes. When they take the oath of office, they realize they may be placing themselves in danger, but it is part of the job. A person does not have to rush into a burning building to be a hero, though. Author Ralph Waldo Emerson once

said, "Each man is a hero and an oracle to somebody."

Interviewer: Thanks a lot. What about you, Sue? What does "hero" mean to you?

Sue: Heroes come in all shapes and sizes. When I was growing up, there were

very few female athletes to look up to, so I copied my sister, Jen. She excelled because she gave it her best at all times. It is important to realize that both males and females can inspire and lead the way for others.

Interviewer: Thank you, Sue. Dan, who are your heroes?

My heroes are my parents. They worked with determination and heart Dan:

> to make sure my brothers, sisters, and I had what we needed. They impressed upon us that we were a family, a team, not just a collection of people who lived under the same roof. Having the biggest car, the most money, or the nicest house does not make one a hero. Heroism comes from within. There are heroes all around us—you just have to

know how to look for them.

Interviewer: Right. Thanks a lot. Now Derek, what is heroism to you?

Derek: A hero is someone like my parents, who give something to others and

> ask for nothing in return. Right from the start, my parents told my sister and me that we could be successful, and then they showed us how. After my Little League games, my dad would take me to the high school field and hit me extra grounders and then pitch to me. My mom and sister would patiently field the balls I hit. My parents taught me that there may be people with more talent but there is never an

excuse for anyone to work harder than I do.

2. Group discussion

On the basis of the interview above and your own experiences, sum up some common features of heroes and share your list with the whole class.

Common features of heroes



3. Role-play

You may choose either of the following two situations.

Situation I

A TV station is conducting a survey of people's views on "heroes" and "heroism." Act as the host. Interview four of your classmates to find out their ideas of "heroes" and "heroism." Ask them to back up their views with examples. Summarize your findings and write a news report. Present it in class.

Situation II

Work in groups of five and simulate a panel discussion on a TV talk show. The topic of the show is "Why heroism is important to us."

ACTIVITY 3

1. What kind of people do you admire?

It's interesting how people's views change about what kind of people deserve our admiration.

The other day I asked a young girl I know what she would like to be after she finished university, and she replied, "To be the boss of a company." "And if you fail?" I asked again. "Then," she answered, "to be the boss's wife." "And if you should fail again?" I persisted. "Then, to be the boss's mother."

I know that she said it in jest. But in my day, we wouldn't even joke about such things. It would've been considered bad taste. At that time, money was considered dirty and evil (bosses are rich people).

It is true that people's idols change with time. In American history, the people the early settlers admired were clergymen and tough, strong frontiersmen. Then the Revolution came, and people became admirers of the revolutionary leaders—Washington, Jefferson, and Patrick Henry who made that famous "Give me liberty, or give me death" speech. Then, lawyers and social reformers took over for some time. But during the Civil War, war heroes became the center of attention. After the Civil War, the heroes became the industrialists, bankers, and business tycoons. Today, if you ask people who they admire, they might quite likely give you the names of some pop musicians, movie stars, or famous athletes.



Our idols sometimes change drastically. Once, a man who killed a tiger barehanded was admired as a great hero. Today, the same person might be thrown into prison for killing an endangered species.

And different people have different idols. What is considered admirable by some may not be regarded as such by others.

No wonder people say that the best way to get to know a person or get to know our times is to find out what kind of people he/she admires or what kind of people are admired generally.

2. Group work

Heroes can be people from all walks of life. Some work behind the scenes to get the job done, while some are public figures; some affect the lives of many, while some affect the lives of particular individuals. But they all work hard, and all make a difference. They can be great scientists, doctors, peacemakers, lifesavers, ordinary workers, etc. Work in groups of four or six. Each group researches one category to find at least two examples. Then present your findings in class.

3. Pair work

Do you agree that people's views change with time about what kind of people deserve our admiration? If your answer is "yes," think about the heroes in China in the 1970s, 1980s, 1990s...If your answer is "no," give examples to support your view. Exchange your view with your partner.



>> ACTIVITY 4

1. My hero

A hero can be a lot of things: someone who has saved another person's life, someone who has risked his life or safety for others, someone who has done something no one else could do. My hero, Mike Frasier, fills all these roles and more.

Mike Frasier has risked his life for others. Mike works in an environment where there is a constant threat of danger from chemical leaks. These rarely occur, but when one did, Mike was ready to act.

The common procedure is to have safety glasses and a respirator on at all times. One frightful day, a young man who neglected to put on safety equipment was sprayed in the face with acid during a chemical leak. The chemical compound released a thick cloud of poisonous gas all around him. He could not see, breathe, or get to the emergency shower. Mike was far enough away not to be affected by the gas, but he knew a man was in there. Without safety equipment of his own, Mike plunged into the thick cloud, and dragged the man into the shower just in time to save his life. Miraculously, the man only partially lost his sight in one eye, and Mike came out unscathed.

Mike Frasier has saved the lives of many people. One person is Ray Geis. Mike and Ray had gotten together with their families for a dinner party. The main dish had just been served when Ray started to choke. Mike realized that Ray couldn't breathe, and he jumped to his aid. Everyone else at the table froze, but Mike knew just what to do. He performed the Heimlich maneuver and saved Ray's life.

Mike's bravery and quick thinking also saved the life of a young boy. Mike and his daughter Tara were having a picnic at Five Mile Creek in Baxter Springs. A boy who was too young to be swimming alone had ventured out into the water. When Mike saw him go under, he swam out and brought the boy to shore, saving him from certain death.

2. Discussion

- 1) Why do you think the author of this article takes Mike as a hero?
- 2) Do you think people need to risk their lives to be heroes?

3. Pair work

Share with your partner some stories about the heroic deeds of ordinary people.

>> SUPPLEMENTARY ACTIVITY

1. Peacemaker hero: Mohandas K. Gandhi

In the early 1600s, sailors from Great Britain made their way to India. At that time, India was a country rich in tradition and culture. The British Empire took control of the government of India and changed the face of that country. Their ancient traditions and religions were thrown out, made illegal by ruthless British generals eager to make India another England. As you can well imagine, the native people of India suffered greatly, seeing their way of life trampled under the British desire to "civilize" their country.

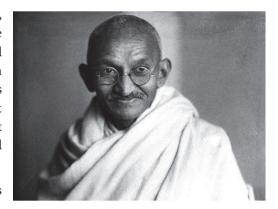
For the longest time, nobody in India successfully fought back against the British and the oppression they brought with them. This all changed when a small man, born in the ancient city of Porbandar in 1869, stood up and said "Enough!" This man became known the world over as Gandhi, the mahatma or "Great Soul" of India.

Mohandas Karamchand Gandhi's early years showed little sign of the great life he would go on to live. Everything changed, however, one fateful day when Gandhi was denied a seat in first-class compartments in South Africa simply because he wasn't white. Gandhi, until now too shy to even speak in front of a judge, sued the railroad company and won. From that point on, Gandhi became the number one spokesman for all powerless non-whites the world over.

After 20 years of aiding his fellow Indians in South Africa, Gandhi returned to India and picked up the fight against British oppression. Instead of encouraging native-born Indians to take up arms and force the British colonists out of their country, Gandhi created a policy of non-violent protest. "Non-violence," he said, "is a weapon for the brave."

For 20 years, non-violent protests, marches, and strikes by the Indians wore down British oppression. Confronted by a slight man wearing only a plain loincloth and accompanied by millions of followers armed not with weapons but love and truth, the British government in 1947 finally gave India its long-held dream of independence.

Sadly, after his great victory, Gandhi was shot and killed by an assassin's bullet.



But Gandhi's legacy lives on after his death, showing the world that one can be a hero and accomplish great things without guns or swords.

2. Discussion

- 1) After reading all these articles you have learned in this unit, what makes a hero in your opinion?
- 2) In what ways do you think Gandhi is a great hero?
- 3) Is there anyone else you regard as a hero of similar stature?
- 4) If you are asked to give the top five names as the greatest heroes, who would be on your list? Give your reasons.

3. Group work

Here are some quotes about hero or heroism. What views do they reflect? Do you agree with them? Why or why not?

When everyone is somebody, then no one's anybody.

—W. S. Gilbert

Greatness lies not in being strong, but in the right use of strength.

—Henry Ward Beecher

I called heroes, not ideology or to the powerful roost people, but only on the soul and great people.

-Romain Rolland

A great man is made up of qualities that meet or make great occasions.

—James Russell Lowell

A hero is no braver than an ordinary man, but he is brave five minutes longer.

—Ralph Waldo Emerson

To be a hero to others, you must often be a hero to yourself first.

-Anonymous

Language Bank

Defining a concept

...means...

...is...

...refers to...

To me, heroes are those who...

Heroes come in all shapes and sizes.

A hero is someone like...

A hero can be a lot of things: someone who..., someone who...

My definition of...is...

Giving reasons and offering explanations

To start with...

The reason why...

That's why...

For this reason...

That's the reason why...

Many people think...

Considering...

Allowing for the fact that...

When you consider that...

Adjectives used to describe people

studious	outgoing	courageous	adventurous	idealistic
aggressive	creative	passionate	cheerful	playful
sincere	reliable	talented	gifted	gutsy
spiteful	optimistic	ambitious	biased	self-centered
jealous	pessimistic	committed	dedicated	considerate
cowardly	firm	conscientious	generous	faithful

The lyrics of *Hero*

There's a hero
If you look inside your heart
You don't have to be afraid of what you are
There's an answer
If you reach into your soul
And the sorrow that you know will melt away

And then a hero comes along
With the strength to carry on
And you cast your fears aside
And you know you can survive
So when you feel like hope is gone
Look inside you and be strong
And you'll finally see the truth
That a hero lies in you

It's a long road
When you face the world alone
No one reaches out a hand for you to hold
You can find love if you search within yourself
And the emptiness you felt will disappear

Dreams are hard to follow But don't let anyone tear them away Just hold on There will be tomorrow In time you'll find the way