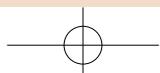


UNIT **1**

English in motion





Warm-up

Directions: You will listen to a conversation between two friends about learning English. After listening, complete the exercises in “What did you hear?” and “How would you respond?”

1 What did you hear?

Choose the correct answer based on what you heard from the conversation.

- 1) How can we make learning English more interesting?
 - A) Take weekly English class.
 - B) Determine our learning style.
 - C) Have conversations with people.

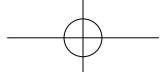
- 2) How can we make learning English more effective?
 - A) Talk to the people in bookstores.
 - B) Make adventures anywhere we go.
 - C) Surround ourselves with English.

2 How would you respond?

Please give your personal opinions by choosing one of the letters in each group.

- 1) What do you think about learning English?
 - A) Easy.
 - B) Difficult.
 - C) So-so.

- 2) How can you make learning English an adventure?
 - A) Seek every chance to speak English.
 - B) Look for English everywhere around us.
 - C) Practice what we have learned in class.



Audio script



W: What's wrong? You look upset.

M: I've tried learning English, but I've only made a little progress.

W: Are you still taking that weekly English class?

M: Yes, but I get bored trying to practice.

W: I understand, but learning English takes time. You should determine your learning style, so you can stay interested and find new opportunities outside the classroom.

M: How can I make learning English more effective?

W: Find ways you enjoy learning and surround yourself with English. Try having conversations with people you meet in cafés or on the subway. Look for English in everyday life on signs and in bookstores. Language learning should be an adventure. Apply what you are learning in class to your everyday life and surround yourself with English anywhere you go.

M: What a great idea! The next time I go out, I'll look for English all around me.

W: I can't wait to hear about your English adventures!

1

KEY

1) B 2) C

2

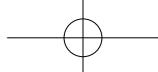
KEY FOR REFERENCE

All the choices are acceptable.

Notes for teachers



For the first question, you may let students shout out their choices since the question is open-ended. Of course, you may also ask students their reasons for different choices. For the second question, if you like, you can ask them to add more to the list from their own learning experience.



Listening

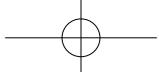
Understanding a conversation

Directions: Listen to a conversation and choose the best answer from the four choices provided for each question.

The following questions are based on what you have just heard.

- 1 A) An English language teacher.
B) A well-known English writer.
C) A hostess of a radio program.
D) A lifelong English language learner.
- 2 A) Keep a list of English expressions.
B) Share their English learning experience.
C) Join English clubs to make many friends.
D) Sing American songs and read the words.
- 3 A) Sing popular American songs with friends.
B) Join English clubs to get actively involved.
C) Keep an English diary to express themselves.
D) Ask their English language teachers for help.
- 4 A) Advertising for weekly English Update.
B) Offering learning tips to English learners.
C) Advising how to become a lifelong learner.
D) Introducing an active English learner to students.





Audio script



- M:** Good evening. This is your weekly English Update. Today we're talking with someone who considers herself a lifelong English language learner. Thank you for taking time out to speak with us today about your English learning experience.
- W:** It's my pleasure to be here.
- M:** Why do you think that learning English is, in your words, "a lifelong interest"?
- W:** Because learning English is not something that can be done quickly and easily. During my lifetime, I will have many opportunities to keep learning. It will never stop.
- M:** How did you become interested in learning English?
- W:** As a kid, I loved listening to American songs. That's how I learned English pronunciation. Years later, when I was in college, I joined English study groups to continue practicing.
- M:** It sounds like you were actively involved. What's the best way for people to brush up on their spoken English?
- W:** First, you must have a good foundation of grammar and vocabulary. Then, listen to some of your favorite songs. I love to do this with my friends. We sing popular American songs and read the words of these songs.
- M:** What a great suggestion! What advice do you have if people want to improve their written English?
- W:** I've found that keeping a diary is a great way to improve written and conversational skills. You can learn how to express yourself better if you write things down. For instance, try keeping a list of English expressions you read or hear in conversations or on TV. Also write about your feelings about learning English.
- M:** Those are helpful tips. Thank you for sharing your experience with us.
- W:** Happy to do so.
- M:** This has been your weekly English Update. See you next week!

KEY

- 1 What does the woman consider herself? **D**
- 2 How can people improve their spoken English? **D**
- 3 How can people improve their written English? **C**
- 4 What is the purpose of this radio program? **B**

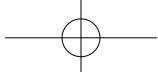


Understanding a passage

Directions: Listen to a passage and choose the best answer from the four choices provided for each question.

The following questions are based on what you have just heard.

- 1 A) They don't like to be friends of the same race.
B) They prefer to make friends with similar people.
C) They become confused with their own identity.
D) They want to be trusted and respected by friends.
- 2 A) Teach students to be helpful to each other.
B) Teach students to trust and respect each other.
C) Organise parties for students from different races.
D) Put students of different races in the same groups.
- 3 A) Students will understand differences between each other.
B) Students will be happy with their classroom environment.
C) Students will become more careful when choosing friends.
D) Students will work successfully with people in the real world.
- 4 A) Older students are losing friends from different races.
B) Older students become more sensitive to choosing friends.
C) Teachers are concerned about the older students in school.
D) Teachers can help maintain friendships between different races.



Audio script



In New York City, teachers are interested in the different races of their students. They have noticed that young students spend time together with different races. For example, black students have friendships with white students.

But the teachers realised that they begin to change their friendships as they get older. Black students form friendships with other black students, and white students have friendships with other white students.

The teachers believe that older children start to become aware of themselves and what they look like. To understand their own identity, older children connect with people who are similar to them. Each group does not seem to keep friendships with other races. There's nothing wrong with this, but the teachers are concerned about the friendships that students are losing with people who are different from them.

The teachers wanted to change this, so they tried to help their students make friends with people from different races. To do this, the teachers put students of different races together in the same groups during classroom activities.

It's also important for the teachers to be helpful. Students feel more encouraged to be friendly with those from other races if the classroom environment is welcoming. There must be trust and respect in the classroom, so the teachers created this type of environment.

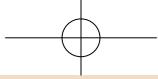
When the teachers tried all of this, they were happy with the results. Students had more friendships with people from different races.

Why do the teachers think this is important to do? Researchers say that young students who have friends that are different from them are more comfortable interacting with people. They also found that these students also have greater education goals than students with similar friends.

Having friends of different races will prepare these students to become adults who can work successfully with different kinds of people in the real world.

KEY

- 1 Why do older students change their friendships? **B**
- 2 How do the teachers encourage friendships between different races? **D**
- 3 Why is it important to get along with students of different races? **D**
- 4 What is the passage mainly about? **D**



Speaking

Practicing conversational skills

Useful expressions: Asking for help

Would you please do me a favor?

Would you please close the window?

Would you please turn down the volume?

Would you please help me move the chair?

Would you mind lending me your bike?

Would you mind checking my homework?

Would you mind turning on the light?

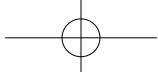
Would you mind passing me the book?

I'd appreciate it if you could give me some suggestions.

I'd appreciate it if you could give me a ride tomorrow.

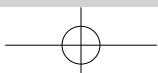
I'd appreciate it if you could tell me how to get to the airport.

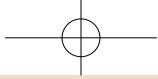
I'd appreciate it if you could let me know whom I should talk to.



MEMO

Lined area for writing a memo, consisting of 20 horizontal lines.





Model dialogues

Dialogue 1

- A: Excuse me, would you please do me a favor?
B: No problem. How can I help?
A: Could you please move this box aside?
B: OK, it's done.
A: Also, can you carry the suitcase upstairs?
B: Definitely. I know it's too heavy.
A: You got it. Thanks a lot.
B: My pleasure.

Dialogue 2

- A: I'd appreciate it if I could borrow something from you.
B: It depends on what.
A: Can I borrow your bike this afternoon?
B: Sure. This afternoon I have to study anyway.
A: Wonderful! By the way, can I get it from your dorm?
B: Of course. I'll stay in my dorm the whole afternoon.
A: Great! Thank you so much.
B: You're welcome.

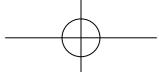
Now, it's your turn!

Situational dialogue 1

“ You're going to move to a new dorm this weekend. You need someone to help you move all the stuff from your current room, so now you're calling one of your friends to ask for help. ”

Situational dialogue 2

“ You need to visit your parents currently living in another city, but you don't have transportation, so you have to ask your friend to give you a ride. However, your friend is busy with his/her own school work ... ”



Notes for teachers



1. When asking for help, people often say, “Would you please do me a favor?” To respond to the request, people usually say “No problem”, “Sure”, “Of course”, “Certainly”, “My pleasure”, or “I’m glad to.” Otherwise, you have to reject in a polite and proper way: “Sorry, I would like to, but ...” or “Sorry, I’m happy to help, but ...”
2. When responding to “Thank you”, Americans would often say, “You’re welcome.” However, British people usually say, “Don’t mention it” or “Not at all.”

Now, it’s your turn!

KEY FOR REFERENCE



Situational dialogue 1

- A: Hello?
 B: Hey, Jeff. How are you doing?
 It’s Tim.
 A: Hi Tim. I’m doing fine. And you?
 B: Pretty good. I’m excited about moving to a new dorm.
 A: Great! When?
 B: This Saturday morning. Could you help?
 A: Sure, no problem. What time?
 B: Around 9:00. Are you available?
 A: Yes, I’m free Saturday morning. I’ll see you then.
 B: Thank you so much.

Situational dialogue 2

- A: Hi, Stephanie!
 B: Hi, Teresa. Could you do me a favor?
 A: Sure, if I can. What can I do?
 B: I plan to visit my parents this weekend.
 A: Yes, since you’re not living with them.
 B: However, I don’t have a car. Would you mind giving me a ride?
 A: Well, I would be glad to, but I’ve been busy studying these days.
 B: Then don’t worry about it. I’ll ask someone else.
 A: So sorry, Stephanie.
 B: That’s all right. I understand.



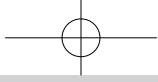


Listening and speaking: Conversation

Task 1 Based on what you have heard from the conversation, complete the following four short dialogues by filling in the blanks with proper words or phrases.

- 1) Q: What is the topic of the conversation?
A: China's ambitious plan to rebuild _____.
- 2) Q: What was the ancient Silk Road?
A: A network of trade routes between _____.
- 3) Q: Why does China want to rebuild the Silk Road?
A: To improve the trade networks with _____.
- 4) Q: Why does the man think it's important to visit the old Silk Road?
A: Because it's the past that we should _____.





Audio script



W: Hi Charlie, have you ever been to Xi'an, a city in northwest China?

M: Unfortunately not! However, Xi'an is a famous city and has always been on my agenda.

W: I've also been thinking about going to Xi'an ever since I heard that China is going to rebuild the ancient Silk Road.

M: I heard about that too. It's interesting that about 1,300 years ago, the Silk Road was an important network of trade routes that allowed the exchange of goods and ideas between Asia and Europe.

W: Now China wants to build a new network of roads, railways, pipelines and shipping lanes connecting China to South Asia, Southeast Asia, Central Asia, Africa and Europe.

M: Do you think China plans to improve its global status as a vital nation by rebuilding the Silk Road?

W: It seems like it. People think China is once again becoming a strong power in Asia. China has already promised \$46 billion in the investment.

M: Wow, that's a lot of money. Most of all, it will surely benefit the neighboring countries, so I see it as a positive force for economic development.

W: I agree. Now that China is producing more goods than it consumes, the country does need to export some of its extra products.

M: That's true. It seems China really wants to use its money to improve the trade networks, though historically the Silk Road was just too vast to maintain and keep open.

W: Right. However, with persistence and support from the neighboring countries, a new Silk Road will surely come into existence.

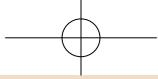
M: I hope so, but we should never forget our past as we move toward our future. I'd really love to visit Xi'an to see the historic road before a modern road is built.

W: Me too. That's why I'm planning to pay a visit as soon as possible. It'll be nice to see how the old transforms to the new.

Task 1

KEY FOR REFERENCE

- 1) the Silk Road
- 2) Asia and Europe
- 3) the neighboring countries
- 4) never forget



Task 2 Now listen to the conversation again and fill in each blank with one proper word in the following passage.

Though historically the Silk Road was too 1) _____ to maintain and keep 2) _____, China now has worked out a \$46 billion 3) _____ to rebuild the Silk Road. China wants to use its money to 4) _____ the networks and 5) _____ the neighboring countries. This should be a very 6) _____ force to develop the world 7) _____.

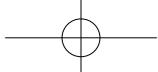
Speak out!

Interview two to three classmates sitting close to you to get their comments on the topic of the Silk Road, using the following two questions. Then report your interview results to your group.



1. What are the advantages for China to rebuild the old Silk Road?
2. How can China strengthen its connection with its neighboring countries?





Task 2

KEY FOR REFERENCE

- 1) vast
- 2) open
- 3) plan
- 4) improve
- 5) benefit
- 6) positive
- 7) economy

Notes for teachers



These two listening exercises require students to provide the information with proper words. You may want to let them shout out freely. Even if students give different words or phrases, as long as they are logical and meaningful, they are acceptable. This also serves as a springboard for the next activity.

Speak out!

KEY FOR REFERENCE



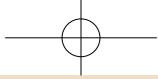
1.
 - Create more job opportunities for the local people.
 - Improve the relationships with its neighboring countries.
 - Attract more foreign capital investment.
 - Continue with its economic development.
2.
 - Have more cultural exchanges.
 - Host more international conferences.
 - Attract more foreign students to China.
 - Support tourism and study abroad program.



Notes for teachers



After students share their interview results in their groups, you may want to inquire if they got any interesting findings or responses from the interview. If yes, you can let them share with the class so that students would become more interested in the topic.



Listening and speaking: Passage

Task 1 Complete the answers to the following three questions based on the information you have just heard from the passage.

1) Why is learning English vocabulary challenging?

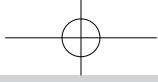
Reason: There are _____ to remember.

2) What's the problem of memorising words only?

Problem: You don't know how to _____.

3) What's a good way to learn English vocabulary?

Method: You should _____ and know how _____.



Audio script



Learning the vocabulary of English can be challenging. Sometimes it seems that there are so many new words to learn that students cannot possibly remember them. There's no easy way to increase vocabulary, but there are strategies that can help students learn and remember new words.

Some students may be very good at remembering vocabulary words on a list. The problem with this method is that these students won't know exactly how the word is used in a sentence or situation. They will also probably forget them easily.

For example, the English word "thin" has many uses. It can be used to describe the body shape of a person to show that her body is not heavy. But can it be used to describe a road that is not wide? No, it can't. It's incorrect to say that the road is "thin"; we must use the word "narrow" instead. These types of differences are hard to know if a student just memorises a list of words.

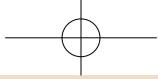
A good way to learn new words is to read in English. It may be difficult at first since there are so many words; however, when you see the words in a sentence of a story, you can have a better understanding of how the word is used in the language.

You can write down 10 new words that you find when you are reading and then force yourself to use these new words every day for one week. You will become more familiar with the words and more confident about using them if you are actually using them in your daily life. If you use 10 new words every week and continue to use them even afterwards, you'll see growth in your vocabulary that will remain with you as you become more fluent in the language.

Task 1

KEY FOR REFERENCE

- 1) too many words
- 2) use the words
- 3) read in English; words are used



Task 2 Now listen to the passage again. Based on what you have heard from the passage, match the left with the right to combine the following sentences.

1) When only memorising a list of words, _____.

a you understand better how they are used.

2) When using the words every day, _____.

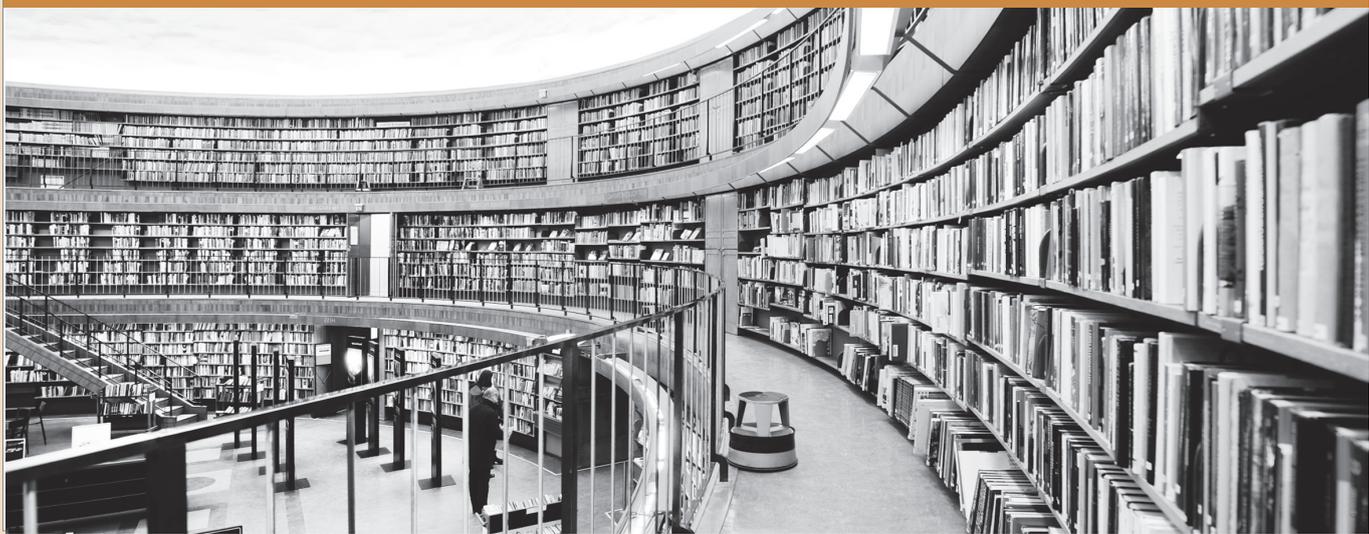
b you become more confident about using them.

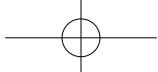
3) When seeing the words in a story, _____.

c you may not be able to use “thin” or “narrow” correctly.

Speak out!

“ Now the class will be divided into two because you’ll be engaged in a mini-debate: Can students learn vocabulary more effectively through actually using them in everyday life? Whether you’re in the group of pros or the group of cons, you must present your ideas within the assigned time. ”





Task 2

KEY

1) c 2) b 3) a

Speak out!

KEY FOR REFERENCE



Pros:

- Without practising the learned words, you'll easily forget them.
- Only when you use them often, can you know how to use them.
- Using the learned words, you'll remember them more quickly.
- Using the words you've learned, you will expand your vocabulary.
- If you speak and write more, you'll use them more confidently.

Cons:

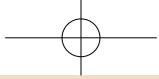
- It's impossible to use the learned words if no one can talk to you.
- The words learned from class are not useful in everyday life.
- People who speak good English don't really want to talk to you.
- Memorising a word list is a better way to remember the words.
- Speaking English with others will make you feel you're stupid.



Notes for teachers



As this is a mini-debate, the time needed is about 10 minutes. One can only talk about one minute; otherwise, time will run short. From their personal learning experience, students should be able to provide reasons to refute their counterparts. The activity is only designed to review the topic of the passage: how to learn English vocabulary more effectively. So, there is no need to vote which group is the winner.



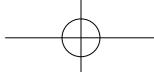
UNIT REPORT

You're required to prepare a two-minute speech on one of the following topics regarding learning English or any topic related to the unit theme. You will be asked to present it in the next class.

- My language barrier
- My language experience
- My learning strategies

Sample:

Hello, everyone. I have so much to say about my English learning experience, but to cut it short, let me start with the importance of everyday practice. Everyone knows that the more English we hear, the easier it will be for us to understand. So, when I was traveling in the US last summer, I tried to start with easy things. I asked questions at stores or asked where I could find something. I also said "hello" to bus drivers. I tried to open my mouth whenever I could. I was advised not to worry about making mistakes. It's very true. To me, it's not important how many mistakes I make. The most important is how much I can speak. Thank you!



MEMO

Lined area for writing a memo, consisting of horizontal lines on a white background.





Homework

Section A: Understanding news reports

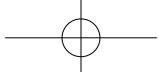
News report 1

Directions: Now you will hear a news report. At the end of the report, you will hear some questions. After you hear a question, choose the best answer from the four choices.

The following questions are based on what you have just heard.

- 1 A) To invite as many people as possible.
B) To remind people not to waste money.
C) To rent a wedding dress to save money.
D) To spend a lot of money on their wedding.
- 2 A) They bought the bride a used wedding dress.
B) They entertained the guests with unused food.
C) They asked a local charity to collect unused food.
D) They sent digital wedding invitations to the guests.
- 3 A) Many guests applauded the couple's decision.
B) Many guests were unhappy about the wedding.
C) The couple saved money and the earth as well.
D) The couple received criticism from their guests.





Audio script



Most couples that are getting married spend a lot of money for their celebration. One British couple decided to keep the cost of their wedding as low as possible to show how people waste money and resources.

To keep costs down, the bride bought a used wedding dress that only cost \$105. The couple also sent out wedding invitations using 100% recycled paper.

The most surprising choice they made was the food for their guests. All of the food came from a local charity that collects unused food from supermarkets and bakeries. This kind of food normally would be thrown in the trash, but the couple used it to feed their guests.

Of course, many guests were uncertain about the food they ate, but the bride insisted that all of the guests thought the food tasted good.

The couple were pleased that they saved a lot of money and also helped to save the environment.

KEY

- 1 What did the couple decide to do for their wedding? **B**
- 2 What was their most surprising decision for the wedding? **B**
- 3 What is the result of their approach to their wedding? **C**



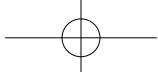
News report 2

Directions: Now you will hear a news report. At the end of the report, you will hear some questions. After you hear a question, choose the best answer from the four choices.

The following questions are based on what you have just heard.

- 1 A) To let all girls see the Barbie doll with new looks.
B) To let all girls be more attracted to the Barbie doll.
C) To let all girls have a doll that looks like themselves.
D) To let girls wear different hairstyles like the Barbie doll.

- 2 A) The Barbie doll will attract more girls and women.
B) The Barbie doll will enable people to choose hairstyles.
C) The Barbie doll will give people new ideas of body shapes.
D) The Barbie doll will help change people's ideas of beauty.



Audio script



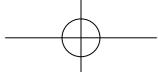
The world's most famous doll, the Barbie doll, is getting many new looks.

Mattel, the creator of the Barbie doll, announced new body shapes, new skin colors and new hairstyles. Now Barbie body shapes will be: 1) original, 2) tall, 3) short, and 4) rounded. The doll changes are designed to look like the different body shapes of real women and girls.

Other changes in the Barbie doll are different skin colors, eye colors and hairstyles. The new Barbie dolls have seven different skin colors and 24 hairstyles to choose from. So, a girl in any part of the world can find a doll that looks like her and her friends. Mattel said this is an exciting time with the updated Barbie doll with new body types, skin colors and hairstyles because it helps everyone – girls and boys and their families – change their ideas about what is beautiful.

KEY

- 1 Why is the Barbie doll's appearance changing? **C**
- 2 What does the creator of the Barbie doll hope to see? **D**



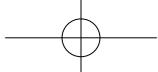
Section B: Understanding passages

Directions: Now you will hear a passage. At the end of the passage, you will hear some questions. After you hear a question, choose the best answer from the four choices.

The following questions are based on what you have just heard.

- 1 A) They hit the son for throwing stones at cars.
B) They let the son stay in the forest for six days.
C) They drove away leaving their son by the road.
D) They made him pick vegetables in the mountains.
- 2 A) Called their son's name loudly and desperately.
B) Searched for bear prints in the mountain forest.
C) Cried immediately because they were so scared.
D) Called the police to seek some urgent help finally.
- 3 A) The boy left the forest and walked home.
B) The boy was amazingly found in good condition.
C) The police couldn't even find the missing boy.
D) The police blamed the parents for leaving the boy alone.
- 4 A) Not to let kids keep or have cell phones.
B) Not to allow kids to play outside for a week.
C) To hit kids when they refuse to take our advice.
D) To be firm but not too hard when teaching kids.





Audio script



Parents usually give some type of punishment if their kids do the wrong things. Many times, parents will take something away from them. For example, they may take away their cell phone for a week. They may also limit what their kids can do. For instance, parents could tell their kids that they cannot play outside or play computer games.

There are even some families and cultures where it is permitted to hit a child if the child does something wrong. It's difficult to judge what a good method is, and we should be careful about judging how different cultures allow punishment to kids who behave badly.

Sometimes, however, parents do things that they wish they hadn't. Recently, a Japanese couple were not happy that their son was throwing stones at cars while the family was in the mountain forest looking for vegetables. To teach him a lesson, the parents decided to leave the boy next to the mountain road, and they drove off. They hoped he would learn that it wasn't proper to throw stones at cars.

The parents returned a few minutes later, but the boy was gone! They searched for him everywhere, but they couldn't find him. The parents were scared because bears live in those mountains, so they finally called the police.

The police and other rescuers looked for the boy for six days before they found him. He was alive and in surprisingly good condition. This was a lucky and happy outcome, but of course, it could've led to tragedy.

This situation has made many Japanese parents and parents around the world think about how we should teach our kids to do the right thing. We must be firm so they will understand how serious it is to behave correctly, but we must not be too hard on kids because it may lead to a terrible result.

KEY

- 1 How did the Japanese couple punish their son? **C**
- 2 What did the parents do after they found their son disappeared? **D**
- 3 What happened at the end of the incident? **B**
- 4 What's the proper way to teach our kids? **D**

