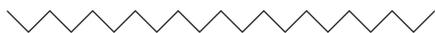


## UNIT 1



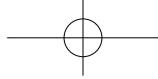
# Target Outcomes



After studying this unit, you are expected to achieve the following outcomes:

- Tell a story with a group of words and expressions on food;
- Make sentences with the useful words and phrases from the passages about food;
- Answer the questions about the main idea and write summaries of the passages about food;
- Write an essay of 250-300 words about food;
- Make an individual presentation of no less than eight minutes about food.





## PART I WARMING-UP

**Task 1** Find some bilingual expressions on Chinese food culture and learn to appreciate them. You can refer to Appendix 1.

**Task 2** Chinese New Year dishes are created to give blessings for the next year. Both the names and looks are symbols of wishes for prosperity and happiness. Match the pictures with the dish names. Fill in the blank of each dish description with an appropriate dish name or a proper word from the dish names.



① Steamed fish

② Spring roll

③ Jiaozi

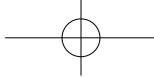
④ Niangao

(1) \_\_\_\_\_ are eaten during the Spring Festival in southern China to celebrate the coming of spring. Usually they are savory rolls with cabbage and other vegetable fillings inside thinly wrapped cylindrical pastry.

(2) Its name, \_\_\_\_\_, means the change from the old year to the new one. They should be made at this time. By eating them, you are ringing out the old year and ringing in the new.

(3) In Chinese, the word "\_\_\_\_\_" in its name has the same pronunciation as the Chinese character which has the meaning of "surplus". A typical blessing is *niánnián-yǒuyú*, wishing you a surplus of food and money every year.

(4) The word "\_\_\_\_\_" in its name also has the same pronunciation as the Chinese character which means "tall/high". It's a wish to be successful and "higher" each year. Every year will be better than the last. Some humorous parents like to tell their children that eating this will help them grow taller too.



## PART II LISTENING & SPEAKING



**Task 1** You will hear six dialogs between Speaker A and Speaker B. After you hear each dialog, write down exactly what Speaker B has said.



**Speaker A:** I enjoy canned food. How about you, Jane?

**Speaker B:** I don't like it because it's neither nutritious nor healthy.

Dialog 1

**Speaker A:** Have you got used to the cuisine in Guangzhou?

**Speaker B:** \_\_\_\_\_

Dialog 2

**Speaker A:** Are you ready to order now?

**Speaker B:** \_\_\_\_\_

Dialog 3

**Speaker A:** What do you usually have for breakfast, Simon?

**Speaker B:** \_\_\_\_\_

Dialog 4

**Speaker A:** It smells so good. What are you cooking, Mom?

**Speaker B:** \_\_\_\_\_

Dialog 5

**Speaker A:** May I recommend some ice cream?

**Speaker B:** \_\_\_\_\_

Dialog 6

**Speaker A:** Hey, David. Do you like seafood?

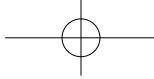
**Speaker B:** \_\_\_\_\_



**Task 2** You will hear a dialog between two classmates. Andrew is Chinese and Jessica is an exchange student from America. The dialog will be played twice. Fill in the blanks based on what you hear.



- Jessica doesn't like the food in the school (1) \_\_\_\_\_.
- Jessica was (2) \_\_\_\_\_ when she realized the cultural differences in food.
- Jessica mentions the different dining habits, (3) \_\_\_\_\_ and cooking methods.
- Andrew points out that Chinese dishes give special attention to color, aroma and (4) \_\_\_\_\_.
- Jessica promises she will try to eat like a(n) (5) \_\_\_\_\_.



**Task 3** You will hear Lisa introducing her favorite dish. Complete the notes by filling in the blanks.



	Lisa's favorite dish
● Lisa's hometown	(1) _____
● Featured flavor	a(n) (2) _____ flavor
● Name of her favorite dish	(3) _____ with Chili Pepper
● Time for steaming	(4) _____ minutes
● Number of steps for cooking	totally (5) _____ steps

**Task 4** Tell a story with any one of the groups of words and expressions in the box. The demo that follows is based on Group 1.

Group 1: restaurant, meal, specialty, dish, recommend, delicious

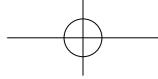
Group 2: buffet, spaghetti, eat like a horse, stomachache, balanced diet

Group 3: at home, hungry, homemade, dish, mouth-watering, food in the canteen

Group 4: Sunday, picnic, favorite dish, tasty, juice, joyful

**Demo**

Jack went to a restaurant for lunch. A waitress served him. Jack couldn't decide what to have. So, he asked the waitress to recommend their specialties for him. The waitress recommended steamed fish, fried beef with curry and mutton soup for him. The dishes she recommended were delicious and Jack really enjoyed his meal.

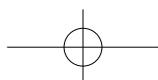


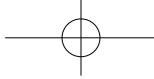
## PART III GUIDED READING & WRITING

# The proof of the pudding is in the eating

- ① What do you know about the UK's culture and national character from its cuisine?
- ② The UK is short for the United Kingdom of Great Britain and Northern Ireland. Search for information about it and make a brief introduction in class.
- ③ The word "food" is usually used as an uncountable noun, but here it is used in its plural form "foods", referring to different kinds of food. Give more words like this, and explain their meanings.
- ④ The word "robust" means "strong", "not likely to break or fail", "strong and full of determination", referring to the Scottish food, or Scottish people here. Search for information about the history of Scotland, its culture and the character of its people.
- ⑤ In writing, to make a sentence brief, some repeated words should be cut off. Find out the omitted words in the sentence, and make a new sentence with the same structure.
- ⑥ Explain the word "vegetarian" and make a list of the food vegetarians do not eat. Do you know why some people become vegetarians?
- ⑦ Most Chinese are unfamiliar with British foods. Find out some pictures of the foods mentioned in this paragraph and explain them to your classmates.
- ⑧ According to the paragraph, why did British cuisine have a bad international reputation for a considerable time?

- 1 <sup>①</sup> They say a country's cuisine is a reflection of its culture and national character. Therefore, <sup>②</sup> the UK has always been a diverse country, since every region has its own traditional <sup>③</sup> foods. For example, traditional Scottish cuisine is famous for its <sup>④</sup> robust character: haggis, Aberdeen Angus beef, shortbread and whisky. Wales is well known for its lamb and leeks. Northern Ireland is synonymous with Guinness, Irish whisky and Irish stew. Food produced in specific areas of England also has a wide reputation. <sup>⑤</sup> Yorkshire is known for its savory Yorkshire pudding, Cornwall for its Cornish pasty, Lancashire for its black pudding (blood sausage), and so on.
- 2 There are of course dishes common to the whole UK as well. Everyone (except <sup>⑥</sup> vegetarians) likes <sup>⑦</sup> a full English breakfast (fried eggs, bacon, sausage, baked beans, fried mushrooms and fried tomatoes) in the morning, followed by a Sunday roast (a roasted joint of meat, with roast potatoes, vegetables and gravy) for lunch, perhaps followed by fish and chips or a pork pie for dinner. For dessert, there are dozens of famous British cheeses to choose from (e.g. Stilton and Cheddar), cakes or sponge and fruit puddings with custard (a vanilla sauce).
- 3 <sup>⑧</sup> With such a range of foods and approaches to cooking, then why did British cuisine have a bad international reputation for a considerable time? There are a number of possible reasons. One is that during the Second World War and for decades after it, there was food rationing in the UK, meaning cooks and chefs were limited by the ingredients they had to work with and lost some of their traditional skills. Another is that British food tends to be "heavy" because of the colder climate—Britons need big meals to keep their bodies warm. As a result, British





**Task 1** Read the passage and finish the exercises.



 **Note**

Part III is the demo for Part IV. Go through the tasks under the guidance of the teacher and finish the tasks of Part IV on your own.

meals tend to be unsuitable for and unpopular among people from warmer countries in Europe and around the rest of the world. <sup>⑨</sup> Finally, for a long time, British cuisine did not compare well to the cuisine of its nearest neighbor: France. France introduced the refined style of cooking known as “nouvelle cuisine”, and French wines, thanks to France’s warmer climate, were always considered better than British wines.

⑨ Translate the underlined sentences into Chinese.

4 Yet British cuisine has had a better international reputation for the last decade or so. <sup>⑩</sup> Why is that? <sup>⑪</sup> One reason is definite that the wide range of ethnic groups in the UK has given British cuisine new ingredients, flavors, “fusion” combinations and techniques. Curry, which is originally an Asian dish, is now officially the most popular food in the UK, whereas sandwiches used to be the most popular. With significant numbers of Polish people coming to the UK recently, Polish food shops can be found in almost every British city. Most cities have a Chinese quarter as well.

⑩ Explain the reasons why British cuisine has gained a better international reputation in recent years.

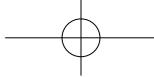
⑪ Each ethnic group has its unique foods. Introduce some ethnic groups in China and their foods.

5 Another reason for the improvement in British cuisine is climate change. The UK is considerably warmer now than it was ten years ago. Today, farmers can grow new herbs like coriander to meet the demands of increased curry sales. In addition, there has been a boom in growing garlic in Scotland. Even British wine is now respected by the French people, since it is easier to grow and ripen grapes in the UK.

6 One last reason for the improvement, however, is the large number of cookery programs on British television. British people are more educated about food than ever before. Some British chefs are internationally famous and even have television shows in the US.

7 So what are the results? More and more British restaurants are recognized by Michelin in recent years. <sup>⑫</sup> The Michelin Guides (first established in France) set the international standard for restaurant cuisine. With so much good food to eat, perhaps it is not surprising that the UK now has an obesity problem.

⑫ Find information about the Michelin Guides and Michelin stars. Explain their origins and how a restaurant is rated and given stars.



**Task 2** The new words and phrases from the passage are given below. Look them up in the dictionary and write them down following the example.

cuisine	reflection	robust	be synonymous with	savory
vegetarian	rationing	ingredient	refined	ethnic
flavor	fusion	considerably	meet the demand	boom
ripen	cookery	set a standard	obesity	

**Example**

robust

*adj.* a robust person is strong and healthy 强健的

e.g. 1) He looks robust and healthy enough.

2) Though he was over 70, he was still robust and healthy.

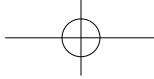
**Task 3** Write the main idea for each of the following parts. That of Part I has been done for you.

Part	Main idea
I. Paragraph 1	Different regions of the UK produce foods of their own character.
II. Paragraph 2	
III. Paragraph 3	
IV. Paragraphs 4-6	
V. Paragraph 7	

**Task 4** Complete the following summary.

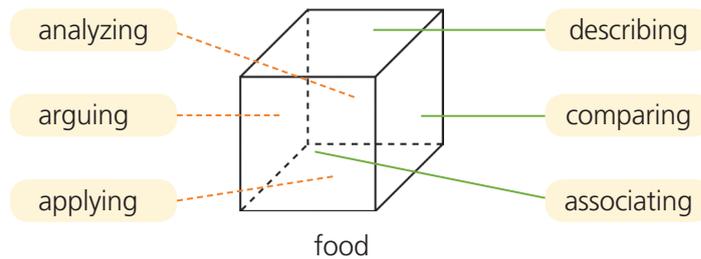
Different regions of the UK produce foods of their own character. \_\_\_\_\_  
 \_\_\_\_\_,  
 such as a full English breakfast, a Sunday roast, fish and chips. \_\_\_\_\_  
 \_\_\_\_\_. There are possibly many  
 reasons for that. First, ingredients \_\_\_\_\_  
 \_\_\_\_\_. Besides,  
 British "heavy" foods \_\_\_\_\_.  
 Finally, \_\_\_\_\_.

Yet, British cuisine has had a better reputation since the last decade. Different ethnic  
 groups \_\_\_\_\_. The  
 changes of climate in Britain \_\_\_\_\_.  
 Many cookery programs \_\_\_\_\_.  
 As a result, \_\_\_\_\_.



**Task 5** With the help of the teacher, follow the steps about how to write an essay based on the keyword “food”.

**Step 1** Narrow down the topic through “cubing” to an interesting and manageable one.



Cubing is effective to generate ideas. Imagine a six-sided cube and roll your subject around the cube and write the answers to the questions that follow. Write whatever comes into your mind; don't concern yourself with the “correctness” of what you write.

a. Describing	What is your favorite restaurant? What size, environment, and decoration does it have? Does it have any special food worth mentioning? ...
b. Comparing	Do your mother and father both cook at home? Whose cuisine do you like better? Can you compare their cooking skills? ...
c. Associating	Speaking of food, do you worry about the food safety nowadays? What does it call to mind? ...
d. Analyzing	Can you introduce a kind of milk tea or snack popular in the market and analyze why it is so successful? ...
e. Arguing	More and more students are ordering food deliveries from outside. What advantages or disadvantages does it have? What is your attitude towards this phenomenon? ...
f. Applying	If you are the manager of the school dining hall, what can you do to make it a better place to serve the students? ...

**Step 2** Draw up an outline of the essay and improve it.

Sample:

**Title:** My favorite restaurant

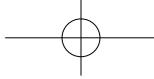
**Thesis statement:** Paletto Italian Restaurant is my favorite for its quietness and tasty food.

**Introduction:** People may prefer different restaurants because of their different preference, and I have my own choice.

**Body:** ① Paletto Italian Restaurant has excellent environment.

② \_\_\_\_\_ (What else do you want to say about the restaurant?)

**Ending:** You'd better book a table beforehand if you want to have dinner there at the weekend.



Step 3 Draft the essay and revise it.

**Example**

## My favorite restaurant

① Redundant adjective  
Correction: a various variety of → a variety of

② Redundant noun  
Correction: tranquility, quietness → quietness

③ The original form/The gerund misuse  
Correction: like bring → like bringing

People may prefer <sup>①</sup> a various variety of restaurants depending on their taste, mood, previous experience and first impression of the place. As far as I am concerned, Paletto Italian Restaurant is doubtlessly the most magnificent food establishment in my city for its <sup>②</sup> tranquility, quietness and tasty food.

Characterized by the quiet atmosphere, light-colored interior and elegant decoration, the restaurant was once a café before turning into a restaurant with many qualities of the former. Waiters here are friendly and respectful. I <sup>③</sup> like bring my friends here, not only to enjoy the food but also to have fun and hang out with each other.

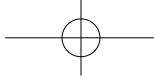
And the restaurant does offer delicious dining options with authentic Italian flavor. The Chicken Soup with Cream is a great start to any meal, and the Chicken Caesar Salad is worth <sup>④</sup> try after it. My favorite dishes include the Fettuccine Alfredo Pasta with Chicken, Grilled Chicken with Cream and Mushroom Sauce. I love pizza of all kinds in this restaurant because they are all <sup>⑤</sup> tasty and delicious. Parmesan cheese is a good choice to accompany any Italian dish. The restaurant also offers different types of juices with meals. You know, a cup of <sup>⑥</sup> lemon juice beverage with mint mixed with crushed ice is a perfect drink for a hot summer day.

Anyone who wants to visit Paletto Italian Restaurant at weekends should arrive early or book a table in advance; otherwise, they will find themselves waiting in line. Obviously, the tasty food, the professional service and the relaxed atmosphere have made this place the first choice for many local customers.

④ The original form/The gerund misuse  
Correction: \_\_\_\_\_

⑤ Redundant adjective  
Correction: \_\_\_\_\_

⑥ Redundant noun  
Correction: \_\_\_\_\_



Step 4 Write the final version.

Sample:

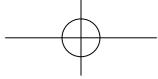
## My favorite restaurant

People may prefer a variety of restaurants depending on their taste, mood, previous experience and first impression of the place. As far as I am concerned, Paletto Italian Restaurant is doubtlessly the most magnificent food establishment in my city for its quietness and tasty food.

Characterized by the quiet atmosphere, light-colored interior and elegant decoration, the restaurant was once a café before turning into a restaurant with many qualities of the former. Waiters here are friendly and respectful. I like bringing my friends here, not only to enjoy the food but also to have fun and hang out with each other.

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## PART IV INDEPENDENT READING & WRITING



### *True confessions—how I became a “foodie”*

**A** Find two difficult sentences in the passage. Write them down in the Workbook and translate them into Chinese.

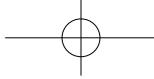
**B** What does the word “snob” mean? Explain the meanings of the following snobs: intellectual snob, academic snob, food snob, wine snob. Why is the author regarded as a food snob?

**C** How does the author get healthy food?

**1** Sometimes I am accused of being a little bit of a food snob. I’m sure my mother thinks I am. I admit it. And, after thinking about it, I have decided this is a label I willingly accept. Why? Because I don’t want to apologize for appreciating and loving good food. And, I spend a good deal of time talking to people about how to love their food and their bodies so they can be healthy and happy. I also admit I do have a hard time understanding the experience of someone who says they enjoy eating cream cakes when, for almost the same price, you can have the joy of a piece of any kind of gourmet dark chocolate instead.

**2** “Good food” will be different for everyone. However, there are two major factors to consider. First of all, all of our bodies respond with health when we feed them with nutritious, healthy food. And, from experience I know that eating healthy makes me feel energized and ready to live my life with vigor. So, part of my “foodie” habit is eating healthy food. I love going to the grocery stores that are dedicated to healthy food, and eating at healthy food restaurants. In my hometown, the Main Squeeze (our local vegetarian restaurant) is like my second home.





**Task 1** Read the passage and finish the exercises.



**3** However, I don't always eat everything that is considered completely healthy. That brings me to the second part of my "foodie" habit. I love to eat the most flavorful, delicious food I can, whenever I can. I was born and raised in Missouri and ate very well growing up. We grew a lot of our food and we ate home-cooked meals every day. Then, when I moved to San Francisco at the age of 21, I was introduced to a whole new world of food delights. I learned to explore and enjoy many new types of foods and flavors. Now, when I'm on vacation, I can mark my days by the restaurants I dined in, the food I found on the street, and the local specialties of each area. It is such a pleasurable way to enjoy life and socialize with others.

**D** What are the author's foodie habits?

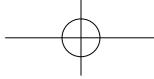
**4** These two ideas—healthy food and delicious food—are not mutually exclusive. The healthy food I eat has the exquisite natural taste of goodness. And, the amount of delicious, not "as healthy" food I eat is not hurting my body in any significant way. The key, of course, is moderation.

**E** Does the author think healthy food and delicious food are mutually exclusive? Why?

**5** It seems to me that people have a hard time navigating the world of food and sometimes just decide to give up or they feel intimidated by new and different foods. But, I encourage you to try new things. Go to your farmers' market and ask them for recipes to cook some of the local, seasonal foods you find there. Take a cooking class. Read some recipe books. Go to a new restaurant that you haven't tried before or try something new on the menu. Go to a local specialty food store and check out the foods from around the world.

**F** What suggestions does the author give to help people find good food?

**6** Don't have the time? Do one small thing for yourself this week that helps you enjoy the pleasures of health and your palate. Want something sweet? Try savoring a fresh apple from this season's harvest. Notice how it makes you feel. Don't miss out on the pleasure that your life has to offer. Savor the moment and your food! I encourage you to become a foodie, too!



**Task 2** The new words and phrases from the passage are given below. Follow the example in Task 2 on Page 8 and complete the task.

foodie	snob	gourmet	respond	nutritious
energize	vigor	dedicated	delight	specialty
pleasurable	socialize	mutually exclusive	exquisite	goodness
moderation	navigate	intimidated	seasonal	palate
savor	miss out (on sth)			

**Task 3** Write the main idea for each of the following parts. That of Part I has been done for you.

Part	Main idea
I. Paragraph 1	I appreciate and enjoy good food.
II. Paragraphs 2-3	
III. Paragraphs 4-6	

**Task 4** Complete the following summary.

● I am a "foodie". I accept being labeled as a food snob, because I really appreciate and enjoy good food. \_\_\_\_\_

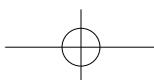
● \_\_\_\_\_

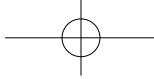
● \_\_\_\_\_

● \_\_\_\_\_

● \_\_\_\_\_

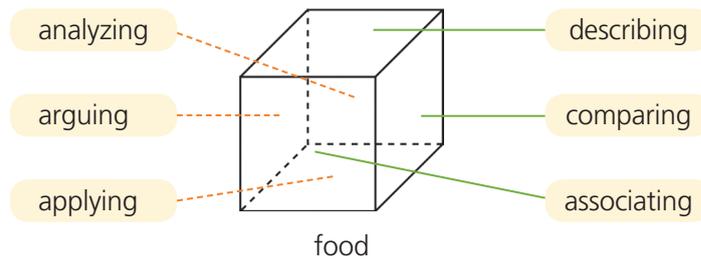
● \_\_\_\_\_





**Task 5** Write an essay on the keyword “food”. Choose an interesting title for your essay and write about 250-300 words.

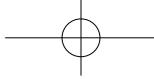
**Step 1** Narrow down the topic through “cubing” to an interesting and manageable one.



**Step 2** Draw up an outline of the essay you are going to write. Discuss it with your classmates and improve it.

**Step 3** Draft your essay and revise it.

**Step 4** Write the final version of your essay.



## PART V EXTENDED READING

 **Task 1** Read the passage and look up the new words and phrases in the dictionary.



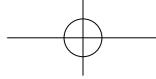
- 1 Intricate as the debate is, solving the problem of food scarcity has mainly centered on two broad areas for action: making more food and changing our lifestyles.

### **Making more food**

- 2 Ask anybody “How can we feed more people?” and their answer will probably be “Produce more food!” Many experts believe that food production will need to increase by around 50 percent by 2050 in order to ensure globally stable access to food, but how can this be achieved?

### *Farming more land*

- 3 It may seem like a logical answer, but farming more land is widely regarded as an unrealistic and detrimental solution. Given the long history of agricultural practice worldwide, the majority of productive land is already used for food production. Increased urbanization and continued degradation of existing agricultural land are putting even more pressure on these areas, and agricultural expansion is often impossible in many areas of the world.
- 4 In addition to this, cultivating remaining fertile land often results in huge environmental degradation. Replacing diverse tropical rainforests with single-crop species, displacing animals from their natural environments, and pumping agricultural pollutants into the ecosystem all result in extensive deterioration of natural systems, and contribute to the effects of climate change.



### *Increasing yields*

- 5 In contrast, increasing the productivity of farming land by increasing crop yields currently presents a more sustainable solution to food scarcity. In some countries, it's estimated that some farmers currently only produce around 20 percent of what is possible.
- 6 Some scientists are putting their efforts into bioengineering as a way to alleviate this problem—that is, manipulating the genetic characteristics of plant species so that they produce more food, more reliably. Examples include transferring genes from drought-resistant grass species to those that are highly vulnerable to drought, introducing disease resistance to crop species, and increasing growth rates and seed produced per plant.

### **Changing our lifestyles**

- 7 Despite worldwide calls to increase food production, one of the most interesting facts is that there is already more than enough food to feed every single person. However, we consume all of this and more.
- 8 The main reason for this huge consumption is waste. Despite high levels of food production, only around two-thirds of this nutritional value is directly transferred to humans. And essential food is lost directly through what we throw away and through the production of livestock and biofuels.
- 9 Waste reduction and reduced meat consumption would therefore go a long way to preventing a food crisis. This is easier said than done, of course. Western diets made up of large quantities of intensively reared meat begin to predominate. It seems unlikely that this trend will reverse any time soon.
- 10 But there are other things we can do to improve the future of our food. These include improving the way we distribute food around the world, creating food stores which can be used in times of crisis, supporting our local food systems, and helping farmers in developing countries produce their own food more reliably.
- 11 Despite much doom and gloom in the discussion on food scarcity, there is hope. This is not the first time that worries over growing populations and dwindling food supplies have been expressed. And we should remember that solutions have come along before, such as the Green Revolution in the mid-20th century. Whether the modern-day solution lies in science and technology or a change in our lifestyles, one thing is for certain: change is needed soon.

### **Task 2** Tell whether the following statements are true (T) or false (F) according to the passage.

- 1 Many experts believe that food production will increase by about 50 percent by 2050.
- 2 Farming more land is not a realistic solution because of increased urbanization and continued degradation of existing agricultural land.
- 3 In some countries, some farmers currently only produce ten percent of what is possible.
- 4 Bioengineering is considered as one of the ways to alleviate the pressure from food scarcity.
- 5 One fact is that there is already enough food to feed every person in the world.
- 6 In order to solve the problem of food scarcity, we must make some changes now.

## PART VI PRACTICAL READING

 **Task 1** Read the passage and look up the new words and phrases in the dictionary.



# Cranberry cookie recipe

Cranberries are nutritious and they can be used to bake cookies besides making cranberry sauce. This mouth-watering homemade cookie takes only a few steps to cook and has a rich but simple flavor. Fresh orange zest is also added to this cranberry cookie recipe. The two flavors blend beautifully together.

### Cranberry cookie

#### Time

##### PREP TIME

2 hours

##### COOK TIME

20 minutes

##### TOTAL TIME

2 hours 20 minutes

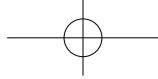
#### Ingredients:

- 1 cup butter softened
- 1/2 cup sugar
- 1 egg
- 1 cup fresh cranberries finely chopped
- 2 cups flour
- 1 teaspoon fresh orange zest

#### Instructions:

1. Combine the butter and sugar. Mix at medium speed until well blended.
2. Add an egg and mix well.
3. Add flour about 1/2 cup at a time and mix until combined.
4. Add cranberries and orange zest. Mix well.
5. Divide the dough in half. Roll each half into a log and wrap in plastic wrap.
6. Refrigerate the dough for at least 1 hour or up to 3 days.
7. Preheat the oven to 350 °F (about 176 °C).
8. Cut the dough into 1/4 inch rounds.
9. Place the rounds on an ungreased cookie sheet and bake for 20 minutes or until the cookies start to brown.
10. Remove the cookies from the oven and let them cool on the cookie sheet.
11. Make about 2 dozen.





**Task 2** To make cranberry cookies, you need to make a preparation list.  
Write the names of the ingredients under the pictures. Tick those  
you need in the circles below the pictures.



\_\_\_\_\_



\_\_\_\_\_



\_\_\_\_\_



\_\_\_\_\_



\_\_\_\_\_



\_\_\_\_\_



\_\_\_\_\_



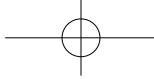
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\_\_\_\_\_

**Task 3** Answer the following questions.

- 1 How many times do you need to add flour?
- 2 Which four ingredients are mixed first?
- 3 How many hours should the dough be refrigerated at most?
- 4 How many cookies can be made by this recipe?
- 5 Do you have any experiences in baking? Or do you want to have a try?



## PART VII PROJECT

**Task** Follow the steps and make a presentation of no less than eight minutes about food.

**Step 1** Choose a topic.

- 1 Work in groups. Brainstorm your ideas and choose a topic which could be anything related to "food", e.g. "An amazing restaurant", "Vegetarian set meals". Share your topic in class, explaining your reasons for choosing the topic. Share your topic in your group and ask for suggestions.

**My topic**

\_\_\_\_\_

Reasons why I choose this topic:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

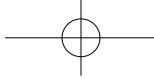
- 2 Write down the suggestions given by your group members.

**Suggestions from my group members**

- 3 Revise your topic and make a final decision.

**Step 2** Write an outline of your presentation.

**Outline of my presentation**



**Step 3** Prepare the draft of your presentation.

**Step 4** Practice and rehearse the presentation.

**Step 5** Give the presentation in class.

**Step 6** Make assessments of others' presentations. The following form is for your reference.

### Peer assessment form

Assessed: \_\_\_\_\_

Assessor: \_\_\_\_\_

	Criteria and weight	Individual score	Total score
<b>Assessment</b>	Content (20%)		
	Structure and cohesion (20%)		
	Use of visual aids (10%)		
	Delivery (20%)		
	Language (20%)		
	Nonverbal language (10%)		
<b>Comments</b>	Merits:		
	Problems:		
	Suggestions:		

