

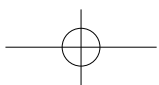
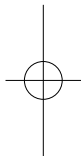
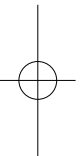


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新生代英语高级教程 1

综合训练

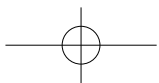
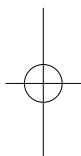
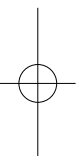
外研职教



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外研职教





前言

《新生代英语》由外研社与美国圣智学习集团合作出版，是中外英语教育专家合作编写的一套国际与本土融合、纸媒与数媒结合的英语系列教材。该教材针对职业院校的英语教学需求，通过先进的编写理念，为学生提供多元化的学习体验、国际化的资源和视野、多样化的题材和活动，使其成为语言与技能兼备、文化与素养兼修的复合型人才。

编写依据

2014年，《国务院关于加快发展现代职业教育的决定》（国发〔2014〕19号）要求，深化职业教育教学改革，全面提高人才培养质量。为落实这一决定，2015年颁布的《教育部关于深化职业教育教学改革 全面提高人才培养质量的若干意见》提出五项基本原则，其中之一就是“坚持国际合作、开放创新”。《新生代英语》正是这样一套坚持国际合作与开放创新，提升人才国际竞争力的精品教材。

同时，我们依据《高等职业教育英语课程教学基本要求》（试行），参考《中国学生发展核心素养》，以我国职业教育英语教学实际为出发点，通过广泛的调研和论证，在引进版教材的基础上进行了大量改编，使《新生代英语》更加适应我国职业教育发展的新形势，满足建设现代职业教育体系的新要求，更能体现职业教育的办学特色，更好地满足新时期国家和社会对职业教育人才培养的需求。

教材理念

《新生代英语》以“分类优秀，情感教学，素养提升”为主要理念。基于这一理念，本系列教材的设计融“教、学、做”为一体，以学生的未来职业发展和个人可持续发展为立足点来构建教学内容体系，通过科学严谨的内容设计和丰富完善的教学资源，全方位助力职业院校英语教学。

《新生代英语》“有个性”：分层设计，分类优秀

为尊重并适应学生的能力差异和个性化需求，教材体系包含四个级别，由易到难，循序渐进，从零起点逐渐过渡至中高级水平，体现“分层设计，分类优秀”的设计理念，顺应以贯通和衔接为突出特点的英语教学改革趋势。同时，各单元之间在内容上前呼后应，通过知识点的复现和螺旋式的循环上升，提高学生的学习能力；单元内将板块分为“核心（Core）、星奖（Bonus）、超星奖（Super Bonus）”三个层次，以实现阶段性目标为引领，逐步提升学生的学习自信。练习

设计以语言基础为出发点，辅之以学习技能（Learning Skills）、生活技能（Life Skills）和职场技能（Career Skills）相关知识，一方面有助于引发学生深入思考，实现语言学习既定目标，同时可为学有余力的学生提供更多的挑战，使其获益更多。

《新生代英语》“有温度”：交互体验，关注情感

每一名学生都渴望沟通、理解和关怀。因此，为提升学生学习兴趣，《新生代英语》以用户界面为原型，将导航、播放器、弹窗、微信等概念融入设计之中，赋予学生数字阅读和触屏操作的交互体验；核心视频围绕三个大学生展开，主人公真实可爱，对话机智幽默，情景温馨有趣；课堂教学倡导使用“星奖”“超星奖”等鼓励性话语，主动倾听学生内心的情感与想法，引导学生将负面情绪转化为正面动力，从而提高“课堂教学效果”和“学习愉悦指数”，建设让学生真心喜爱的课堂。

《新生代英语》“有情怀”：启迪心智，提升素养

《新生代英语》精心选取时代感强、积极向上、生动活泼、地道真实的素材，以此激发学生的共鸣和求知欲，让学生在认识自我、社会和世界的过程中，积淀人文底蕴，提升审美情趣，锤炼创新思维，感受快乐和美好。在此基础上，培养学生适应终身发展和社会发展需要的必备品格和关键能力，帮助学生在明确未来的发展方向，真正实现全人教育和终身教育。

教材结构和特色

鉴于如今生源的多样化、不同专业对于英语水平要求的差异化，《新生代英语》系列教材共有四个级别：入门教程（1册），基础教程（1-2册），高级教程（1-2册），拓展教程（1册）。院校可根据具体的教学要求自主选择。一般情况下，我们建议中职学校从入门教程开始选用，五年一贯制院校和高职低起点院校从入门教程或基础教程开始选用，普通高职院校选用高级教程，应用型本科院校选用拓展教程。

《新生代英语》系列教材主要有以下几个特色：

内容设计突出实用性和人文性

《新生代英语》体现“职业性”与“实践性”的特点，帮助学生在日常生活、未来职场和当前学业中全面发展，既取得学业成就，又具备优秀品质。同时，该教材体现“工具性”与“人文性”相结合的特点，将文化点巧妙融入素材和习题，促进学生跨文化交际能力的提高，提升学生的文



化意识，让学生能够使用英语从“可以交流”到“得体交流”，最终走向“智慧交流”。

以“视听说”为核心技能的综合技能培养

突破以往以阅读选篇为核心素材的编排方式，将形象生动的实景视频同阅读文章一并作为单元学习重点。视频类型包括情景视频和采访视频，让学生学会在真实语言环境中如何解决实际问题。活动设计包含跟读、配音、编对话、角色扮演等，循序渐进，充分激发学生兴趣，提高交际能力。

将语言、文化、百科知识融为一体

触手可及的各种语言点（Language Note）、语法点（Grammar Note）和文化点（Cultural Note），为学生提供温馨指导，帮助学生习得更多的语言之法，领略更多的语言之美，深入了解身边的大千世界。蕴含在这些注释中的语言文化信息则让教材内容更加丰富深刻，让英语课堂成为趣味盎然的小百科课堂，培养学生的文化意识和跨文化交际的能力。

提供数字化学习和教学资源，构建线上与线下、课内与课外混合式教学新模式

《新生代英语》充分利用各种信息技术手段提升学生的学习效率和教师的教学效果。为满足学生的个性化学习需求，该系列教材除在学生用书上配备学习光盘外，还提供了综合训练、iTest 题库、U 校园 PC 端数字课程、U 校园移动端 App、外研随身学 App，充分调动学生课内和课外学习的积极性，将英语学习趣味化。为实现教师的信息化教学，《新生代英语》为教师提供了教师用书、教学课件、电子教案以及 Unipus 职教平台，教师可以通过该平台进行师生在线互动交流、教学管理、测试评估等。

编写队伍

《新生代英语》系列教材由北京外国语大学教授、中国社会科学院研究所研究员顾曰国担任总主编，包括北京农业职业学院、河北水利电力学院、广东省河源理工学校、浙江经贸职业技术学院、广东佛山郑敬诒职业技术学校、山东外国语职业学院、南京城市职业学院等众多国内中高职院校的专家和教师也参与了教材的调研、策划、编写和审订。

《新生代英语》从教学改革的需求和一线教学的实际情况出发，汇聚众多专家、教师的经验和智慧，开拓创新，精益求精，希望能为职业院校的新生代们提供新选择，创造新未来。



编写说明

《新生代英语高级教程综合训练》是配合《新生代英语高级教程》编写的同步练习用书，供学生复习、操练、巩固和拓展学生用书中所学到的语言知识和技能使用，旨在提高学生的英语语言应用能力。

《新生代英语高级教程 1 综合训练》共八个单元，每单元包括六大模块：Listening Comprehension（听力理解）、Vocabulary and Structure（词汇结构）、Reading Comprehension（阅读理解）、Speak Now（口语活动）、Writing（写作练习）以及 Relax Now（轻松一刻）。

Listening Comprehension: 由两个任务组成，分别为选择题和填空题。本模块的听力材料类型多样，有对话、广告和演讲等不同形式，旨在训练学生听懂并正确理解与日常生活相关的各种话题。

Vocabulary and Structure: 由四个任务组成，题型分别为选词填空、词义连线、单项选择和段落补充完整。练习内容包括句法结构、习语搭配和词形转换，旨在复习学生用书中学到的重点单词、词组和语法知识。

Reading Comprehension: 由五篇文章组成，包括一般性阅读材料和应用文。其中，应用性文章约占 50%。题型包括判断正误题、选择题、填空题、匹配题以及简答题。通过速读和细读，训练学生从书面材料中获取信息的能力。

Speak Now: 提供预设场景和相关表达方式，请学生组对进行对话。每个场景与单元所学内容基本一致，旨在提高学生的口语表达能力。

Writing: 主要题型为应用文写作，帮助学生复习、实践《新生代英语高级教程 1》中英语应用文的写作，旨在提高学生的应用文写作能力和常用体裁的通用写作能力。

Relax Now: 欣赏与单元主题相关的文化阅读或幽默笑话等，有利于提高学生的学习兴趣，寓教于乐。



本书既可供学生课外自主学习使用，也可以供教师在课堂教学中使用，以检验、评估学生的学习效果。书后附有听力文本和参考答案。

《新生代英语》总主编为顾曰国。《新生代英语高级教程 1 综合训练》主编为孔庆荣、Genevieve White (英)，副主编为赵金柱、连颖，参加编写的人员有牟君、冯伟、姚岚、赵宗凤、夏龙芳、Staci Johnson (美)、Rob Jenkins (美)、Stefan Kostarelis (新西兰) 等。

目 录

Unit 1	“What does he look like?”	1
Unit 2	“Do you have the receipt?”	11
Unit 3	“Let’s make a shopping list.”	21
Unit 4	“Every penny counts.”	31
Unit 5	“I really like Glendale so far.”	41
Unit 6	“I’ve got a splitting headache.”	51
Unit 7	“Being on time is very important.”	61
Unit 8	“Sounds like a good plan.”	71
听力文本和参考答案		81

1 “What does he look like?”

Part I Listening Comprehension 

Section A

A Listen to the conversation. Then choose the best answer to complete each sentence.

1. The thief is _____.
A. short B. bald C. muscular
2. The thief's hair is _____ and _____.
A. long; black B. short; blond C. dark; curly
3. The thief had a scar on his _____.
A. arm B. leg C. cheek

B Listen to the conversation. Then choose the best answer to each question below.

4. What does Mr. Fischer teach?
A. Art. B. English. C. Science.
5. What kind of hair does Mr. Fischer have?
A. He has long, brown hair.
B. He is bald.
C. He has short hair.
6. How tall is Mr. Fischer?
A. He is very tall. B. He is very short. C. He is of medium height.
7. Where might Mr. Fischer be at the moment?
A. In a lab. B. At home. C. In Room S106.

C Listen to the advertisement. Then choose the best answer to each question below.

8. How many products are being advertised?
A. One. B. Two. C. Four.
9. Which food is not mentioned in the advertisement?
A. Pasta. B. Potatoes. C. Fruit.
10. How many free bottles will be sent to a potential customer?
A. Two. B. Three. C. One.

Section B

➔ Listen to the following sentences and write down what you hear on the lines.

1. I always sleep better after getting a _____. It helps me relax.
2. Carrie has a _____ every month. She says it makes her face look younger.
3. Your fingernails look _____. You should get a manicure.
4. Kurt always gets his hair dyed _____.
5. I'm going to the _____ salon. Talk to you later.

Part II Vocabulary and Structure

Section A

➔ Fill in the blanks with words from the boxes.

portrait

direct

muscular

bald

recognize

familiar

overweight

curly

sighed

slim

1. Could you _____ me to the bus station?
2. You should see him. He's very tall and _____.
3. We must _____ that there are some problems with the current system.
4. He _____ with despair at the thought of all the opportunities he had missed.
5. A(n) _____ of the hostess is hung on the wall of the sitting room.
6. I want to go on a diet. I am a little _____.
7. Dad started going _____ when he was only in his thirties.
8. Most ballet dancers are extremely _____.
9. You look _____. Have we met before?
10. She is such a beauty with blonde _____ hair and big blue eyes!



Section B

➤ Match the words to the definitions.

- | | |
|-------------|--|
| 1. ordinary | A. the time in the evening when the sky is beginning to get dark |
| 2. bench | B. a valuable stone, such as a diamond |
| 3. jewel | C. something that does not bend or curve |
| 4. straight | D. a long seat for two or more people, especially outdoors |
| 5. twilight | E. average, common, or usual, not different or special |

Section C

➤ Choose the best answer to complete each sentence.

1. Can you tell me where _____?
 A. are they B. am I C. she is
2. _____ you see where he went?
 A. Do B. Did C. Are
3. Do you know _____ he is coming?
 A. will B. if C. what
4. Do you know what time _____?
 A. it is B. is it C. are they
5. Did you find out what she _____?
 A. say B. saying C. said
6. Do you know how tall _____?
 A. is it B. they are C. he's
7. _____ know if they fixed his computer?
 A. Do you B. Have you C. Are you
8. Do you know _____ he plays basketball?
 A. if B. will C. does
9. Can you tell me _____ you were born?
 A. if B. were C. where
10. Do you know when the party _____?
 A. start B. starting C. starts



Section D

➔ Complete the passage, using appropriate words.

If you want to make yourself more beautiful, one of the _____ 1 _____ (easiest / easy / easier) things you can do is to take a trip to the nearest _____ 2 _____ (saloon / salon / stallion). There are many things you can do there. You can get a haircut or dye your hair. If your fingernails are not looking good, you might consider getting a _____ 3 _____ (manner / manifest / manicure). You can also make your feet more attractive by getting a _____ 4 _____ (pedal / pedicure / pepper). If you want to improve the skin on your face, then a _____ 5 _____ (fallacy / feast / facial) is what you need. If you are feeling tense or your muscles hurt, a massage might be just the thing to relax you.

Part III Reading Comprehension

Task 1

➔ Read the passage. Write T (true) or F (false) for the statements.

How far would you go to improve your appearance?

From wearing makeup to more extreme things like plastic surgery, people have tried many different ways of improving their appearance over the years.

The most painless ways you can do to improve your appearance are through good diet and regular exercise. However, these things take a lot of self-discipline and hard work, and it seems that most people would prefer a "quick fix"—something they can just pay for and immediately see results.

Botox injections are an example of a "quick fix". This is when the doctor injects a substance into your skin in order to freeze the muscles and make you appear younger. It has become a very popular treatment, especially in Hollywood. Liposuction is another "quick fix". In this treatment, the fat is sucked from your body, making you immediately thinner. Of course, this is easier than dieting, but does that make it better?



Plastic surgery may seem like a drastic step to take, but as it becomes cheaper, more and more people are getting it done. South Korea may currently be the country with the highest rate of plastic surgery, with around one in every five women going under the knife recently.

- 1. Wearing makeup can improve your appearance.
- 2. Around 50% of South Korean women have had plastic surgery.
- 3. Liposuction can make you thinner.
- 4. Botox injections can make you look younger.
- 5. Dieting is easier than liposuction.

Task 2

➔ Read the passage. Choose the best answer.

<p style="text-align: center;">Student fashion show and party</p> <p>Come along for an afternoon of fashion and fun at the summer fashion show.</p> <p>Our final year students have been working very hard to design a beautiful range of summer clothing: dresses, T-shirts, sweaters and pants.</p> <p>Come along and see what everyone will be wearing next year!</p> <p>The afternoon will begin with a prize-giving for the fashion students. After that, there will be the main event (the fashion show), followed by some refreshments.</p> <p>Date: June 12th Time: 1:00 p.m.–4:00 p.m. Place: Conference room Admission: \$3 per person</p>	<p style="text-align: center;">Models needed!</p> <p>Have you always wanted to walk along a catwalk? Now it's your chance!</p> <p>We are looking for five models, three girls and two boys. You don't have to be tall, slim and good-looking—we're just looking for people who love fashion and who aren't too shy...</p> <p>Please send an email to carla99@fashion.com for more information.</p>
--	--



1 UNIT

"What does he look like?"

1. The fashion show takes place in _____.
A. spring B. summer C. autumn D. winter
2. The clothes at the fashion show have been designed by _____.
A. well-known fashion designers
B. teachers at the college
C. final year students at the college
D. young children
3. After the fashion show, there will be _____.
A. a prize-giving
B. a competition
C. some food and drink
D. dancing
4. The students are looking for _____.
A. people to model their designs
B. people to serve drinks at the show
C. people to play music at the show
D. people to buy their clothes
5. The models need to _____.
A. be tall and slim
B. be very good-looking
C. be shy
D. love fashion

Task 3

➡ Read the passage. Fill in the blanks (with no more than three words).

Dear Susie,

I'm writing to you because I have a problem which is making me feel really down.

Some of the girls at college are being unkind to me because I am overweight. When they go shopping together on Saturday afternoons, they never invite me and they say the shops they visit don't sell clothes in my size. When they play sports, they don't ask me to join them and they say I'm too fat to run fast.

I'm trying to lose weight—I've started exercising, and I'm trying to eat more healthily.



My mom says I shouldn't listen to the girls, and that I'm beautiful just the way I am. My sister Amy is so slim and pretty. I know she doesn't really understand my situation. I really don't know who I can talk with about this. That's why I'm writing to you. Can you help me?

Your friend,
Becky

1. Some girls at school are being unkind to Becky because she is _____.
2. The girls at school are making Becky feel bad because they _____ to go shopping and don't ask her to play sports.
3. Becky is trying to lose weight—she has started exercising, and she is trying to _____.
4. Becky's mom says she is beautiful _____ she is.
5. Becky's sister doesn't understand because she is _____.

Task 4

➡ Read the words and expressions used in describing appearance. Find the items equivalent to (与……等同) those given in Chinese in the table.

- | | | |
|---------------------|--------------------|----------------------------|
| A—attractive | B—good-looking | C—thick hair |
| D—bald | E—wrinkled | F—moustache |
| G—freckled | H—well-built | I—slim |
| J—contact lenses | K—spotty | L—skinny |
| M—plump | N—hourglass figure | O—stand out from the crowd |
| P—elegantly dressed | Q—casually dressed | |

Examples: (D) 秃头的 (G) 长雀斑的

- | | |
|--------------|----------------|
| 1. () 隐形眼镜 | () 丰满的 |
| 2. () 骨瘦如柴的 | () 体格健壮的 |
| 3. () 有吸引力的 | () (女性的) 蜂腰体型 |
| 4. () 小胡子 | () 有粉刺的 |
| 5. () 有皱纹的 | () 鹤立鸡群 |



Task 5

➔ Read the passage. Fill in the blanks (with no more than three words).

How men should dress on a first date


You've met the woman of your dream, but how should you dress on your first date?

- Pay attention to your feet: they are what women will always look at. Make sure that your shoes are polished and that your socks are clean. Comedy socks are a complete no-no.
- Don't wear a suit. You shouldn't look like you've just come straight from work. A sweatshirt and a smart pair of dark jeans is a much better idea.
- Sportswear is a bad idea, so leave the tracksuit and running shoes at home unless you're actually taking your date to a baseball match, and if you are, then it'll probably be your last date anyway.
- Don't try anything new with your hair just before your date. Visit your usual barber and stick with something you feel comfortable with.
- Wear aftershave, but not too much, or you will have your date running to the nearest open window!

1. Why should men wear polished shoes and clean socks on a first date?
Because women will always _____ men's feet.
2. Why shouldn't a man wear a suit on his first date?
Because it will look like he has come straight _____.
3. When is it OK for a man to wear sportswear on his first date?
When he is taking his date to _____.
4. What should a man do with his hair before a date?
He should visit his _____.
5. How much aftershave should men wear?
Just a little, not _____.



Part IV Speak Now

 **Directions:** Work with a partner. Your friend wants to try a new look. Give some advice on how he / she could change his / her style and appearance. Create a conversation based on the following clues.



Student A

1. Tell B that you want to try a new look.
2. Tell B that you are bored with your clothes.
3. Thank B for his / her suggestions. Say that you also want to change your hair.
4. Thank B again. Ask B if he / she can go clothes shopping with you.



Student B

1. Ask A what he / she wants to change about his / her look.
2. Suggest some clothes which you think would suit A.
3. Suggest a new hairstyle for A, and recommend a good hairdresser.
4. Reply to A's question.

Useful Language

- *I need a new look! / I'm bored with my style.*
- *What do you want to change?*
- *Maybe you could try dressing a bit more smartly / a sporty style / wearing brighter colors.*
- *Why don't you buy some new clothes / look at some fashion magazines?*
- *I also need a new hairstyle.*
- *I think you should try shorter hair.*
- *Could you come shopping with me / help me choose some new clothes?*



1 UNIT "What does he look like?"

Part V Writing

➔ **Directions:** Write a short profile about yourself for a dating website. Your profile should include:

- your name, age and occupation
- a description of your personality and your hobbies
- a description of what you look like
- what kind of woman / man you are looking for

Part VI Relax Now

Blind date

After being with his blind date all evening, the man couldn't take another minute with her. Earlier, he had secretly arranged to have a friend phone him so he would have an excuse to leave. When he returned to the table, he lowered his eyes, put on a grim expression and said, "I have some bad news. My grandfather just died." "Thank heavens!" his date replied. "If yours hadn't, mine would have had to!"